

; Hj wfg; efåf/f lgdf(f ul/g]cfufdl ; Hj wfgdf dlxnf clwsf/ ; lglZrt tfsf]
nflu ; dfj z ugkg[klj wfgsf ; Dj Gwdf tof/ kfl/Psf]; emj x?

; ehs
/fli6 dlxnf cfofu

; j4 ; /sf/l tyf u}; /sf/l ; :yfx?

!=dlxnf afnaflnsf tyf ; dfh sNofOf dGqfno,
#dlxnf sfgg / lasfz d-r,
%=?kfGt/0fsf]nflu dlxnf Pstf (WomenAct),
& :68)6 kfln6fd)6 Og olgel; 6L,
(clwsf/sf nflu dlxnf Psn dlxnf ; dx,
!! dfgj gkfn dl:nd ; dfh wglff
!# lxd /f06\

@=hglxt ; AlfOf d-r -kf]klJns,
\$ tabx krfp08zg,
^ ; xeful,
* sfggl ; xfotf tyf k/fdz{s)b,
!@ gkfn ckfE dlxnf dxf; 3,
!! ldl tgl gkfn,
!\$ kf}vL

qm# ; +	gkfnst]cgtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/0f
!=	k tfj gf	<p>cgtl/d ; ljwfgsf]k tfjgdf pln]vt Joj :yfnf0{oyfj t /Vb) lGDg s'f yk ugI</p> <p>=clj e]sf]l; 4fctdf cfwf/t nft]flGqs u0ftGqfTds ; 3lo /fho Joj :yfnf0{ ; yfut ugI b]df lj Bdfg juló, hftlo, lftlo, n]Es, eflis ; d:ofx; nufot dlxnf]j ?4 lj Bdfg /fhgllts, cfly\$, ; fdflhs, ; f:s[ts, wld\$, sfggl Pj -kzf; lgs e]efj sf]cGto ugI; slk ubI</p>	<ul style="list-style-type: none"> • k tfj gf ; ljwfgsf] cfwf/e't ; Argf xf]. o; n]; ljwfg lGdf]sf]k 7eld / p2]o k tlj lDat ubI/fi6sf]elj iosf] lbzflgbI ; d] ugI cfwf/ ePsf]h] k tfjgdf g}dlxnf clwsf/, n]Es ; dfgtf / clj e]sf]l; 4fctnf0{; lglZrt ugIcfj Zos ePsf]h]. • dlxnf]j ?4 xg]; a}k\$ /sf] e]efj pfdhg ugI dxf; lGw, !(&(-; 8f_* sf] k tfjgfcg; k dlxnf]j ?4 xg]; DkOf{ ; fdflhs, /fhgllts, cfly\$, ; fS[ts, wld\$ Pj +n]Es e]efj x; pfdhg ugIkgI/ dfgj clwsf/; DaGwl lj Zj Jofkl 3f]roffkqn] pb]f]f u/\$f] e]efj sf] cGtosf] l; 4fctnf0{ /fhon]; jwflgs ; Af0f k]f]g ugIkgIlo]j ePsf]h].
	efu @ gful/stf		
	w/f *	<p>; ljwfg k De x]sf avtsf]gful/stfM -! ; ljwfg k De x]sf avt gkfnst]gful/stf k kt u/\$f]/ o; efuad]hd gful/stf k kt ug{of]o JolQm; gkfnst] gful/s xg]g\</p> <p>-@_ of]; ljwfg k De x]sf avt gkfnst] :yfol a; f]f; ePsf]b]fosf] JolQm j zhsf]cfwf/df gkfnst]gful/s 7xg]M</p> <p>-s_ of]; ljwfg k De xgeGbf cl3 azhsf]cfwf/df gful/stf k kt u/\$f] JolQm</p>	
		<p>-v_ sg}JolQmsf]hGd x]sf avt lghsf]afa'j f cdf gkfnl gful/s /x\$ eg]to:tf]JolQm.</p> <p>-#_ gkfn ; /xbleq km]f k/\$f] lkt]j dft]j sf] 7]f]g gePsf] k]o\$</p>	

o; cgtl/d ; ljwfgsf lj Bdfg Joj :yfdf dlxnf clwsf/sf ; DaGwdf cku ePsf]lj ifodf dfq ; zfv]g / yk k|tfj ul/Psf]-; zfv]g / yk ugIkgIklj wfgnf0{af]8 ul/Psf]5_ dlxnf xs clwsf/ / n]Es ; dfgtf lj ifo afx\$ gofF; ljwfgdf Joj :yf ugIkgIc]o sg]klg lj ifodf o; ; emf] d:of]fdf k|tfj ul/Psf]5g .

* o; kl5 l; 8f elgg]5 .

qm# ; +	g]kfn]c]t/d ; l]wfg @)^#	x]n l]Bdfg Joj:yf ÷ ; z]v]g tyf yk ul/Psf] Joj:yf	; z]v]gsf]sf/0f
		<p>gfafns lghsf]afa'j f cdf km]f gk/] Dd j zhsf]cfwf/df g]kfn gful/s 7xg\$.</p> <p>-\$ g]kfnleq ufleg]u/l sg}lfg k]k]t ePdf ; f]lfgleq a; f]af; ePsf] JoIQm k]k]nt sf]gsf]cwl]gdf /xl g]kfn]gful/s xg\$.</p> <p>-%_ ; j-t\@)\$^ ; fn r] d; f]t; Dd g]kfn ; /xbleq h]d e0{g]k]ndf :yfol ; kn] a; f]af; ub] cfPsf] JoIQm] k]k]nt sf]gadf]hd h]dsf] cfwf/df g]kfn]gful/stf k]k]t ug\$.</p> <p>t/ o; Joj:yf]c]tu]f gful/stf k]k]t ug{ k]k]nt sf]gdf Joj:yf ePadf]hd Ps k]ssf nflu t]f]Psf]c]j lwleq l]g l]b0; s]f]x]gk]g\$.</p> <p>Wf/f * sf]pkwf/f -%_ ; Ddsf]Joj:yf]nf0{oyfj t /Vb} pkwf/f -&_ df p]n]l]vt Joj:yf]nf0{vf/h u/l k]o\$ dlxnf]nf0{; /n / ; he t]s]af]6 k?if ; /x gful/stf k]k]f]g ug] / ; Gt]fgn]k]g c]d]sf] g]d]af]6 gful/stf lng; Sg]xs xg\$.</p> <p>Wf/f * sf]pkwf/f -^_ df p]n]l]vt g]k]nl gful/s; E j]f]xs ; DaGw sfod u/]l l]b]z]l dlxnf]r]f]x]df k]k]nt sf]gadf]hd c]l]s]f g]k]nl gful/stf lng ; Sg\$ e]g]Joj:yf]nf0{b]x]foadf]hd ; z]v]g ul/Psf]5 M</p> <p>g]k]nl gful/s; E j]f]xs ; DaGw sfod ug]l]b]z]l JoIQm] c]k]n]f] b]z]s]f]gful/stf Tofu u/l g]k]nl gful/stf lng r]f]x]df k]k]nt sf]gadf]hd c]l]s]f gful/stf lng ; Sg\$.</p> <p>wf/f * sf]pkwf/f -&_ df p]n]l]vt Joj:yf]nf0{vf/h u/l/Psf]5 .</p>	<ul style="list-style-type: none"> • dfgj clwsf/; DaGw l]z] Jofkl 3f]f]offkq !(\$* sf]wf/f !% -!_ / l; 8fsf] wf/f (n] j]f]xs cj:yfsf] cfwf/df dlxnf]nf0{ gful/stf k]k]tdf e]e]f] ug{ g]xg] / gful/stf; DaGw clwsf/ c]g0 ; Dk]f{clwsf/ k]k]tsf]cfwf/x]gfn] dlxnf, k?if / t] f]h]Elnf0{gful/stf k]k]t; DaGw ; dfg clwsf/sf]k]ofet ug]k]g]ePsf]h]. • g]k]nl dlxnf] l]b]z]l k?if; E l]j]fx u/]f p]Qm l]b]z]l k?ifn]g]k]nl gful/stf k]k]t ug{g; Sg]Joj:yf l]e]b]k]f{ePsf]h]. • dlxnf]f] gful/stf ; DjGw clwsf/nf0{ a9l k]e]j]sf/] ag]f]pg p]k]0]m]b]l]v]Psf]n] • wf/f * @_ -v_ df c]d]sf]g]d]af]6 gful/stf k]k]t ug] Joj:yf ePsf]h] 5\$} pkwf/fsf] Joj:yf ug{ cf]Zos gePsf]h].

* JoIQm e]gfn]dlxnf, k?if / t] f]h]Eln] ; d] hg]f]pg]5 .

qm# ; +	g kfnst]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zflvg tyf yk ul/Psf] Joj:yf	; zflvgst]sf/0f
			<ul style="list-style-type: none"> g kfnl k?if / lj bzl dlnfst]j}flxs ; DaGwaf6 hg; 5} dhSdf h6d]klg lgHsf]; (tfgn]j zHsf]gftfn]gful/stf k kt ug[t/ g kfnl dlnf / lj bzl k?ifst]j}flxs ; DaGwaf6 h6d]Psf] aRrfn] g kfnf h6d] klg j zHsf] cfwf/df gful/stf -cdfst]j z_ k kt ug{g; Sg] Joj :yf lj eP k0f{ePsf]h].
	<p>efu # <u>df]ns xs</u></p>		
<p>wf/f !@</p>		<p>:j tGqtfsf]xs M-!_ k o\$ JoIQmf0{; Ddfgk] \$ aRfg kfg]xs xg\$ / d[ob08sf] ; hfo xg] u/L sg} sfgg agf0g] 5g eG] Joj :yf oyfj t\ /flvPsf]5 .</p> <p>wf/f !@ sf]pkwf/f -@_ df /x\$]sfggadfl]hd afx\$ sg]klg JoIQmf] j}0IQm :j tGqtf cKx/0f xg]5g eG] Joj :yfdf b]fo j dfl]hd ; zflvg ul/Psf]5 M</p> <p>sfggsf]plrt k qmf]lagf sg]klg JoIQmf]JoIQmut :j tGqtf xgg\ xg]5g .</p> <p>#_ k o\$ gful/s•nf0{b}xfosf]:j tGqtf xg\$M# -s_ lj rf/ / cleJoQmf]:j tGqtf, -v_ lagfxtxtof/ zflGtk] \$ e]hf xg]:j tGqtf, -u_ /fhgllts bn vfl]g]:j tGqtf, -3_ ; 3 / ; :yf vfl]g]:j tGqtf,</p>	<ul style="list-style-type: none"> JoIQmf] :j tGqtfsf] ; Af0f ug{ /fhosf] k v bfl0j ePsf]h].
<p>wf/f !#</p>		<p>:dfqtfsf]xs M-!_ wf/f !# sf]pkwf/f -!_ -@_ -#_ / -\$_ df /x\$] ; dfqtfsf]xs cGtu\$ b]fo adfl]hd ; zflvg / pkwf/f -%_ yk ul/Psf]5 M</p> <p>-!_ ; a}gful/s sfggsf]b]i6df ; dfg xg\$g\ s; hf0{klg sfggsf]; dfg</p>	

* gful/s zAbn]dlnf, k?if tyf t] fl]InE; d]nf0{hgfp5 .

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj:yf	; zfvlg]sf/Of
		<p>; Af0f / nfeaf6 j -rt ul/g]5g .</p> <p>-.!_ ; a}gful/s sfggsf]blf6df ; dfg xg\$g\ s; hf0{klg sfggsf]; dfg ; Af0f / nfeaf6 j -rt ul/g]5g .</p> <p>-@_ ; fdfco sfggsf]kpfudf sg}klg gful/sdfly wd{xj Of{InE, hft, hflt, pTkIQ, efiff j}fl/s cf:yf jf tldWb]sg}s/fsf]cfwf/df epefj ul/g]5g .</p> <p>-@_ sfggsf]kpfudf sg}klg gful/sdfly wd{xj Of{InE, hft, hflt, pTkIQ, efiff, ckfEtf ePsf lolQm ofg cledvls/Of, j}flxs l:ylt, ueff:yf jf j}fl/s cf:yf jf cGo sg}s/fsf]cfwf/df epefj ul/g]5g .</p> <p>#_ /fhon]gful/sx;sf alr wd{xj Of{ hft, hflt, InE, pTkIQ, efiff jf j}fl/s cf:yf jf tldWb]sg}s/fsf]cfwf/df epefj ug]5g .</p> <p>t/ dlxf, blnt, cflbaf; L hghft, dw]L jf ls; fg, dnb/ jf cfly\$, ; fdfhs jf ; fS[ts blf6n]lk5l8Psf]ju{jf afns, j} tyf ckfE jf zf/ll/s jf dfgl; s ; kn]czQm lolQmsf]; Af0f, ; zQms/Of jf lj sf; sf] nflu sfggaf/f lj zif Joj :yf ug{/f\$ nuPsf]dfgg]5g .</p> <p>#_ /fhon]gful/sx;sf alr wd{xj Of{ InE, hft, hflt, pTkIQ, efiff ckfEtf ePsf lolQm, ofg cledvls/Of, j}flxs cj:yf, uef]tl cj:yf, j}fl/s cf:yf jf tldWb]sg}s/fsf]cfwf/df epefj ug]5g .</p> <p>-\$_ ; dfg sdfs nflu dlxf / k?ifsf alr kfl/>lds tyf ; fdfhs ; /lffdf epefj ul/g]5g .</p> <p>-\$_ ; dfg sdfs nflu dlxf, k?if, ofgs clk; Vos / t} [InElsf alr kfl/>ldsdf epefj ul/g]5g .</p>	<ul style="list-style-type: none"> • dfgj clwsf/; Da6wl cljePsf] dxTj kOf{ l; 4ftnf0{ dfgj clwsf/; Da6wl ; a} cGt/fh60 b:tfj hx;n] l:jsf/\$f 5g\ l; 8fsf]wf/f @ n]; dfgtfsf]l; 4ftnf0{ ; ljwfgdf ; dfj z ugkg] / pQm s'/fsf] Jojxf/s kl'ofelt /fhon] ugkg] / wf/f \$ cg;k ; dfgtfsf] cyhf0{ dt&k lbgf nflu ; dfgx;sf nflu ; dfg Jojxf/ / c; dfgx;sf]nflu c; dfg Jojxf/ ul/gkg]eGg] dfgotfcg;k dlxfx;nufot cGo clk; Vos ; dxsf] pTyfgsf] nflu lj zif Joj :yf cjndag ugkg] /fhosf] bflolj ePsf]h]. • xfn; Ddsf ; ljwfgx;df dlxfx;nf0{ ; dfgtfsf] clwsf/sf] Joj:yf ul/Psf] eP tklg tl clwsf/x; cj; /df dfq ; lldt ePsf] xgfn] ca agg] ; ljwfgdf dlxfx;nf0{ ol clwsf/ d]ns clwsf/sf ; kdf kpfq u/L kl'offddf n]Es ; dfgtf :yfgf ugkg] bflolj n]\$tflqas uofftqf]ds /fhosf]ePsf]h]. • wf/f !# sf]pkwf/f #_ df Joj :yf ul/Psf]kl'ta6wgf]ds Joj:yfnf0{pkwf/f %_ df /flvPsf]x]f o; pkwf/df /Vg cfj Zos gePsf]h].

qm# ; +	g]kfnst]cgtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/0f
		<p>-%_ /fhosf]; ft / ; fwgdflly dlxnf, k?if / t] [ln·lnufot ; a] g]kfnl gful/ssf] ; dfg :jfldTj, lgoGq0f, kxF, lhDd]f/l / lgoff0fTds ; xeflutfsf]xs xg5 .</p> <p>t/ /fhon]dlxnf, blnt, cflbaf; l hghflt, dw]l, ls; fg, dhb/ jf cfly\$, ; fdflhs, ; fS[ts, b]6n]k5fl8 kfl/Psf]ju]f afnaflnsf, j]j]f tyf ckfEtf ePsf lolQm]f zf/l/s jf dfgl; s; kn]czQm JolQmsf] ; Af0f , ; zQms/0f jf ljsfzsf] nflu sfggaf/f ljz]f Joj :yf ug{/f\$ nufPsf]dflgg] 5g .</p>	
wf/f !%		<p>k\$zq, k] f/0f tyf 5fkfvqf; DaGwl xsm</p> <p>-!_ lj Btlo k\$zq, k] f/0f tyf 5fkfnufotsf c6o hg; 5}dflnbdaf6 sg} ; dfrf/, ; Dkfb slo, ny, /rgf j f c6o sg}kf7a, >Job]o / ; fdul]sf] k\$zq tyf k] f/0f ug]f 5fkGk] {kltaGw nuf0g]5g eGg]Joj :yf oyfj t /flvPsf]5 .</p> <p>t/ g]kfnst] ; fj 6f0; Qf jf cv08tf jf ljleG hft, hflt jf ; Dkbf0 alrsf] ; DaGwdf vnn kg] /fhob]k, ufnl a0Hhtl jf cbfntsf]cj xhg] xg]jf ck/fw ug{b?T; fxg ug]j f ; fj klgs lzi6frf/ jf g]tstf klts]h xg]sfo0f dgfl; j kltaGw nufpg]u/l sfgg agfpg /f\$ nufPsf]dflgg] 5g .</p> <p>wf/f !% sf]pkwf/f -!_ sf]kltaGwgfTds jfSofzdf b]foad]hd ; zfv]g ul/Psf]5 M</p> <p>t/ g]kfnst] ; fj 6f0; Qf jf cv08tf jf ljleG hft, hflt jf ; Dkbf0alrsf] ; DaGwdf vnn kg] /fhob]k, ufnl a0Hhtl jf cbfntsf]cj xhg] xg]jf ck/fw ug{b?T; fxg ug]j f ; fj klgs lzi6frf/, g]tstf jf n]s ; j]gzlntf klts]h jf dlxnsf] clwsf/ / ; Ddfgdf cF jf hg:jf:Yodf klts]h c; / kg]sfo0f dgfl; j kltaGw nufpg]u/l sfgg agfpg /f\$ nufPsf]dflgg]5g .</p> <p>wf/f !% sf]pkwf/f -@_#_-\$_ oyfj t /flvPsf]5</p> <p>@_ sg}>Jo b]o jf lj Btlo pks/0fsf]dflnbdaf6 sg}; fdul]sf]k\$zq tyf</p>	<ul style="list-style-type: none"> • pkef0mfnf0{ cfsliif u/l ahf/ kj4g ug] p2]on] dlxnf0{ lj 1fkgdf k0f] ubf{ pkef]o j :t5f ; kdf k]tt u/l dlxnsf] ; Ddfgk] \$ afkG kfpG]xsdf cf3ft kg]u/l ul/Psf]lraq0fdf kltaGw cfj Zos ePsf]h]. • oj f, oj tlx;nf0{r/f0 tyf d]bs kb]y{; j]g ug{p]k]0ff ug] lsl; dsf hg:jf:Yodf klts]h c; / kfg] j :t5f lj 1fkgdf /f\$ nufpg'cfj Zos ePsf]h]. • gful/s tyf /fhgllts clwsf/ lj ifos ; 0Qm /fi6x3lo cgaGwg (ICCP) sf]wf/f !& n] sg}JolQmsf]klti7f / 0Hhtdf sfgbl cfqmd0fsf]lj?4 /lff kfpG]clwsf/ k0f]g u/\$f]/ ; f\$]; Ddfg ug{/fhosf]b]lotj ePsf]h].

qm# ; +	g]fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>k] f/Of u/]j f 5fk]afkt To:tf]; fdu] k\$szg tyf k] f/Of ug]j f 5fk] /]Bof] 6]hlehg, cgnf0g jf c6o sg}lsl; dsf]l8lh6n jf lj Btlo, 5fkf jf c6o ; -rf/ dflbdnf0{a6b, hkmt jf btf{vf/lh ul/g]5g} .</p> <p>#_ sg}; dfrf/ n]y, ; Dkfb slo, /rgf jf c6o sg}kf7a; fdfull dbOf jf k\$szg u/]afkt sg}; dfrf/kq, klqsf jf 5fkfvfgf a6b, hkmt jf btf{vf/lh ul/g]5g} .</p> <p>-\$_ sfggadfl]hd afx\$ sg}5fkf, lj Btlo k] f/Of tyf 6]hknf]gnufotsf ; -rf/ ; fwgnf0{cj ?4 ug]{: lsg]5g} .</p> <p>wf/f !% sf]pkwf/f -\$_ kl5 b]fo adfl]hdsf]pkwf/f -%_ -^_ / -&_ yk ul/Psf]5 M</p> <p>-%_ k\$szg tyf k] f/Of; Da6wl xssf]k6] ubf(n) sd]l lsl; dn]ug]g / dlxnf; nf0{pkell}o jf of] j :tsf ; kdf lj 1fkg ug]u/l k\$szg, k] f/Of, k]zg jf sg}lsl; dsf]cleJol0mug{kf0g]5g} .</p> <p>-^_ dlxnf; sf]p]hs xs xgg]u/l sg]klglsl; dsf]cleJol0m]v jf ; fdu]k\$szg tyf k] f/Of ug]kf0g]5g} .</p> <p>-&_ dlxnf; sf]z/l/ x]kn] jf b; kof] u/l cZnl; kdf sg} lsl; da6 lj 1fkg, rnlrqh: tf sg}dflbdaf/f k\$szg, k] f/Of ug]kf0g]5g} .</p>	<ul style="list-style-type: none"> • dlxnf]cf]d; Ddfgd] kl]tsh c; / kg{glbg dlxnf]nf0{ cZnl; kdf k]tt ug] u/fpg] kqklqsf, rnlrq tyf lj 1fkgf ; fy}c6o k]tltx;df /f\$ nufpg' cf]Zos ePsf]h]. • cZnl kqklqsf, cZnl rnlrq tyf lj 1fkgdf /f\$ nufpg] / ljle6g ; -rf/ dflbdnf]k] dlxnf; Da6wl ; sf]f]ds n]y, /rgf, j Qm] / ; Gb; lbg]v]fnsf]sfo6nd agfpg] ; Da6wdf a0]h^a sfo6fh]gfsf] sfo6]j og; Da6wl /f]i6e sfo6fh]gdf pNn]vt s/fx; nf0{ k6]j sf/L; kdf sfo6]j og ug]{f]hosf]b]lo]j ePsf]h].
wf/f !*		<p>/f]huf/L tyf ; fdf]hs ; /]ff; Da6wl xsM</p> <p>-!_ k]o\$ gful/snf0{sfggd] Joj :yf ePadf]hd /f]huf/Lsf]xs xg\$ e6g] Joj :yfnf0{oyfj t /flvPsf]5 .</p> <p>-@_ dlxnf, >lds, j 4, ckfE tyf czQm/ c; xfo gful/snf0{sfggd] Joj :yf ePadf]hd ; fdf]hs ; /]ffsf]xs xg\$.</p> <p>pkwf/f -@_ sf]>lds zAb cu]f8l /x\$]dlxnf e6g]zAb x6f0{ >lds, kl5 /x\$]j 4 zAb kl5 a4]f yk ul/Psf]5 .</p> <p>#_ k]o\$ gful/snf0{sfggd] Joj :yf ePadf]hd vfB ; Dk6]ffsf]xs xg\$ e6g]Jo] :yf oyfj t /flvPsf]5 .</p>	<ul style="list-style-type: none"> • dlxnf]f]huf/Lsf]xs / ; fdf]hs ; /]ffsf]xs dlxnf xsc6tu\$ /f]v'pkoQm x6] ; f]ladf]hd wf/f @) df ; f] Joj :yf k]tl]j t ul/Psf]h].

qm# ; +	g[kfnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj:yf	; zfvlg[sf]sf/0f
	<p>W/f @)</p>	<p>dlxnsf]xsM-!_ dlxfn ePs}sf/0faf6 sg}klg lsl; dsf]e}efj ul/g] 5g} efg]Joj:yf oyfj t /flvPsf]5 . -@_ k]o\$ dlxfnf0{klhgg\;jf:Yo tyf klhgg\DaGwl xs xg\$. wf/f @) sf]pkwf/f -@_ df b]foadf]hd ; zfvlg ul/Psf]5 M -@_ k]o\$ dlxfnf0{klhgg\;jf:Yo tyf klhgg; DaGwl lgo}sf] xssf ; fy}dft[j sf]; Af0f ; j-4g / ; /lffsf]xs xg\$. pkwf/f #_ / -\$_ oyfj t /flvPsf]5 . #_ sg}klg dlxfnlj ?4 zf/lI/s, dfgl; s jf c6o sg}lsl; dsf]lx;fh6o sfo{ul/g]5g} / To:tf]sfo{sfggaf/f b08glo xg\$. -\$_ k]o\$; DklQdf 5f]f / 5f]lnf0{; dfg xs xg\$.</p> <p>wf/f @) sf]pkwf/f -\$_ kl5 b]fosf]-%_ ^_-&_-*__-(-!)_ -!!_ -!@_ - !#_ -!\$_ / -!%_pkwf/f yk ul/Psf]5M -%_ k]o\$ dlxfnf0{; fdf]hs ; /lffsf]xs xg\$. -^_ k]o\$ dlxfnf0{; gfts tx; Dd lgl]ls lzlf k]kt ug]xs xg\$. -&_ k]o\$ dlxfnf0(j)flxs cj:yf]sf]cfwf/df xg]lj e}lj ?4sf] xs xg\$. -*_ dlxfnf0{; j}flgs, sfggl, /fhgllts / kzf; lgs lgsfo, ; fj]lgs lfq nufot /fhosf ; a}; Argdf ; dfgklts; kdf -(- k]o\$ dlxfnf0{/fhuf/Lsf]xs xg\$. ; fy}Psn dlxfn?sf] xsd f klt tyf lktfsf d[o'kl5 pgsf]:yfgdf Psn dlxfn tyf pglx?sf]5f]5f]lsf]lfdtf / of]otf cg; f / /fhuf/Lsf]xs xg\$.</p>	<ul style="list-style-type: none"> • klhgg\;jf:Yo, dft[j ; Af0f ; j-4g / ; /lffsf] sfo{dlxnsf]JolQmut sfo{x]efg]; f]sf ; fy}cGt ug{/ ; f] DaGwl lj e} / zfvlg]sf]cGt ug{cfj Zos ePsf]h} • dlxfnx; k]o\$ lfqdf /fhof6 k5fl8 kfl/Psf xdf dlxfn dfgj clwsf/x;nf0{df]hs xssf; kdf dlxfnf0{klhgg ul/l n]Es 6ofo kj4g ug{nf\$tf]lqs /fhosf] bflotj ePsf]h} • l; 8fsf]wf/f \$ cg;k k?if tyf dlxnsf]alrsf]b/l sd u/l ; dfgtf sfod u/fpg' / dft[j sf] ; Af0fsf nflu lj z]f Joj:yf ug[kg]bflotj /fhosf]ePsf]h}. • l; 8fsf]wf/f # cGtu; /fhon]dlxnsf]kOf{l]sf; tyf kj4g ; lglZrt u/l k?if; /x ; dfgtfsf] cfwf/df dfgj clwsf/ tyf df]hs ; jtgqtsf] kOfu tyf pkef]nf0{kl]ofelt lbnfpgsf nflu ; a}; Da4 lfq vf; u/] /fhgllts ; fdf]hs, cfly\$ Pj+; fFs[ts lfqsf sfggl Joj:yfnufot ; DkOf{pkoQm sbdx; r]ng] kl]ta4tf JoQm u/}ad]hd dlxfn dfgj clwsf/sf]kl]ofelt ; ljwfgdf ug[kg] /fhosf]bflotj ePsf]h}. • l; 8fsf]wf/f !) cGtu; lzlf]sf]xs / wf/f !! cGtu; k]kt k]f tyf /fhuf/Lsf] xs ; fdf]hs ; /lffsf] xs, sfo{yn ; /lffsf] xs, klhgg\k4ltsf] arfp xg] u/l ;jf:Yo ; Af0fsf]xs / wf/f !@ cGtu; k]kt klhgg\ ;jf:Yo; DaGwl xssf]kl]ofelt ug[k]ta4tf /fhon]u/}sf]h} ; flxad]hdsf Joj:yf; ; ljwfgdf ug[kg] cGt/fli6o

qm# ; +	g]fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj:yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/Of
		<p>-!)_ dlxnfnf0{k]f, /fhuf/, pBfu / Jofki/ kj 4g sf nflu /fHoaf6 ljz] ; ljwf k]kt ug]xs xg\$.</p> <p>-!)_ -s_ ab]zs /fhuf/ldf uPsf dlxnfx?nf0{/fHoaf6 lazi] ; /lff k]kt ug]xs xg\$.</p> <p>-!!_ dlxnfnf0{of]j:t' pkef]o j:t' / lje]k]of{n]Es eldsfdf k]tltlj?4sf]xs xg\$.</p> <p>-!@_ dlxnfnf0{; f/et ; dfgtfsf]; lglZrttf ug{/fHoaf6 ljz] cj; / jf ; ljwf k]kt ug]xs xg\$.</p> <p>-!#_ dlxnfpk/ e]efj xg]sg]klg sfo{k]fng, k/Dk/f, /l]t]jfh / sfgglj?4sf]xs xg\$.</p> <p>-!\$_ dlxnfx;nf0{k]s]ts ; ft, ; Dkbf / elddflysf]:jfldTj / kx' ; dfg xs xg\$.</p> <p>-!%_ k]o\$ dlxnfnf0{; j]v]lgs tyf sfggl xssf]k]fngsf nflu /fHoaf6 lgl]ls sfggl ; xfof k]kt ug]xs xg\$.</p> <p>wf/f @) sf]ljleGg pkwf/fx;df hg; s}sf n]vPsf]eP tfklg /fHon]Psn, ckfE,tf ePsf lolQm blnt, t]j] lnE, cflbaf;l, hghflt, dw]l, dl:ndnufot cGo l; dfgts], c]k; Vos tyf wld\$, ;fdflhs, tyf e]v]lgs ?kdf k5fl8 kfl/Psf lf]sf dlxnfx;nf0{lzlff, /fhuf/, k]f, pBfu / Jofki/ kj 4g nufotsf cGo ; ljwdf kx'F k]ofpg ljz] Joj:yf ug]kg\$.</p>	<p>b]loTj lgj fx ug]k]ePsfh].</p>
	<p>wf/f @!</p>	<p>; fdflhs Gofosf]xsmcfl]s, ; fdflhs jf z]l]s bl]6n]kl5 k/\$f dlxnf, blnt, cflbaf;l hghflt, dw]l ; dbfo, p]kl8t ju{ ul/a ls; fg / d]hb/nf0{ ; dfgk]lts ; dfj zl l; 4f]tsf] cfwf/df /fHosf] ; Argfdf ; xeful xg]xs xg\$.</p> <p>wf/f @! sf]o; Joj:yfdf /x\$]blnt eGg]z]b cuf]8 /x\$]a]l]xnf] z]b lentsPsf]5 .</p> <p>wf/f @! kl5 b]fosf] wf/f @! -s_ / @! -v_ yk ul/Psf]5 M</p>	<ul style="list-style-type: none"> • dlxnfnf0{; dfgk]lts ; dfj zl l; 4f]tsf]cfw/df /fHosf] ; Argfdf ; xeful xg]xs dlxnf xsc]tu\$ /flvPsf]h] oxf]f6 dlxnf z]b x6f0Psf]. • l; 8fsf]wf/f !^ n]lj jfx tyf kfl/jfl/s ; DaGw sfod ug]

qm# ; +	g fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>-!_ k]o\$ JoIQmf0{zfv]oflj ?4sf]xs xg\$. @_ kyf, k/Dk/f / k ngsf]gfd df j f sg)klg lsl; dn]s; }nf0{zfv]of ug{ kf0g]5g . #_ dflg; nf0{a lavg ug{bf; j f afwf agfpg kf0g]5g . -\$_ s; }nf0{klg lghsf]OR5flj ?4 sfddf nufpg kf0g]5g . t/ o; pkwf/fdf pllnlv t Joj :yfn]; fj h]gs kof]hgsf]nflu gful/snf0{ clg]fo{; j]fdf nufpg ; lsg]sfgg agfpg /f\$ nufPsf]dfgg]5g .</p> <p>wf/f @(sf]pkwf/f -\$_ kl5 b]fo j dfl]hd pkwf/f -%_ yk ul/Psf]5M -%_ dlxnf0{sfo{yn; ; fj h]gs :yn / 3/leq sg)klg lx#f, ofg b]o]xf/ / ofg zfv]of ug{kf0g]5g . o: t]sfo{jf Joj xf/ b08glo xg\$ / kl8tn]sfggaf/f lgw]of ePadf]hdsf]lftkl't{kfp\$.</p>	<ul style="list-style-type: none"> • dlxnfj ?4 xg] lx#fn] dlxnsf] zf/lI/s c]f:yfnf0{ dfq c; / kfg]ge0{cfly\$; fdf]hs, /fhgllts, z]lfs, Pj + ; ffs]ts h]gsf ; fy)pglx; df cftlg]x\$ lfdtdf ; d] c; / kfg]ePsf]xgfn]o; clwsf/nf0{h]gsf]clwsf/; E ufF] d]h]s xssf] ; kdf Joj :yf ug{cfj Zos ePsf / pQm s/f ; g\ !((% a]lh^adf ePsf] rfy] dlxnf ; Dd]hgsf] sfo]h]gfcg'f/ dlxnfdly xg] lx#flj ?4sf] xsnf0{dlxnsf]dfgj clwsf/ / o; sf]k]ofel'tsf]nflu /fli6e:t/df cfj Zos sbd r]ng]kl]ta4tf g]k]fnn]hfx] ul/; s\$fh].
\$	<p>efu \$ /fhosf b]loTj, lgb]s l; 4fGt tyf glltx;</p>		
wf/f ##		<p>/fhosf]b]loTj M/fhosf]b]loTj b]foadfl]hd xg\$M v_ b]zdf cu]fdl /fhgllts-clly\$ / ; fdf]hs kl/j t\$; lglZrt ug] Joj :yf oyfj tVflvPsf]5 . -u_ ljZj Jofkl ; kdf :jls] cfwf/e't dfgj clwsf/, axbnlo kl't:kwf]ds nf\$tf]lqs kof]nl, hgtfdf lglxt ; fj e]Q; Qf / hgtfsf] ; j]rtf, ; j]w]lgs ; Gthg / lgo]qof, sf]gsf]zf; g; ; fdf]hs Gof / ; dfgtf, ; j tGq Gofok]nsf, cfj lws lgg]f'g, gful/s ; dfhsf]cg]udg, kof{k] ; j tGqtf, hgtfsf] ; f'gfsf]clwsf/, /fhgllts bnx;sf lqmf]snfx;df</p>	<ul style="list-style-type: none"> • ; ljwfg; efsf]lgj f'g ; DkGg e0{ s\$]xgfn]

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/Of
		<p>kf/blz{f / hjfknblktf, hg; xeflutf, lgiklf, ; lfd tyf :jR5 kzf; gtGqsf cj wf/Ofx; sf]kOf{kl/kfngf ug /fhgllts kOfnfl cj nDag u/L e 6frf/ / b08xlgtfsf]cGto ub}; Zf; g sfod ug </p> <p>wf/f ## sf] -u_ sf] axblno k t:kwf{ds zAb kl5 ; lBo nf\$ tflGqs uOfTcGfTds kOfnfl zAb yk ul/Psf]5 .</p> <p>-3_ jul6, hftlo, eflifs, n Es, ; fSf]ts, wld\$ / lfglo e efj sf]cGto ub}dlxnf, blnt, cflbaf; l hghflt, dw]l, ptkl8t, pkllft / clnk; aVos ; dbfo, lk5l8Psf lfgnufotsf ; d:ofx; nf0{; Dafw]g ug{ /fHosf]j tdfg s blst / Psf]ds 9fFsf]cGto u/L /fHosf] nf\$ tflGqs / cu fdl kg; {rgf ug .</p> <p>wf/f ## sf]pkwf/f -3_ df b]foadflhd ; zfv]g ul/Psf]5 II</p> <p>-3_ jul6, hftlo, eflifs, n Es, ; fSf]ts, wld\$ / lfglo e efj sf] cGto ub} dlxnf, blnt, cflbaf; l hghflt, dw]l, oflgs cnk; aVos ptkl8t, pkllft, l; d Gts , / clnk; aVos ; dbfo, k5fl8 kl/Psf lfgnufotsf ; d:ofx; nf0{; dfw]g u/L clj e sf] l; 4fGtdf cfwf/t ; 3lo nf\$ tflGqs uOfTcGfTds /fHo Joj:yfnf0{; :yfut ug </p> <p>-3_ -!_ b v b_ -!_ ; Ddsf]Joj:yf oyfj t /flvPsf]5 .</p> <p>3_ -!_ dhssf] /fHo ; Argsf ; a}cEx; df dw]l, blnt, cflbaf; l hghflt, dlxnf, dhb/, ls; fg, ckfE, lk5l8Psf ju{ / lfg ; a f0{ ; dfgkflts ; dfj zlsf]cfwf/df ; xeful u/fpg].</p> <p>-a_ ; fdGtj fbsf ; a}xk; sf]cGto ug cfly\$; fdlhs ; k ft/Ofsf] Gogtd ; fem sfoqmd to u/L nfu"ub}hfg]</p> <p>-r_ ; fdGtl e"; j fldTj sf]cGto ub}j } flgs eld; wf/ sfoqmd nfu"ug gllt cj nDag ug </p> <p>-5_ /fli60 pBf]wGbf / ; fwg; f]sf]; AfOf / kj 46 ug gllt cg'; /Of ug .</p> <p>-h_ lzlf, :j f:Yo, cfj f; , /fhuf/L / vfB ; Dk tfd; ; a}gful/ssf]clwsf/ :yflkt ug gllt lng]</p> <p>-em ; sDaf; l, sDof, xlnof, x/jf r/jfnufotsf cfly\$; fdlhs; kn] k5fl8 k/ f ju{nf0{hlufnufot cfly\$; fdlhs ; /lfsf]Joj:yf ug gllt</p>	<ul style="list-style-type: none"> • dh\$ nf\$ tflGqs ; 3lo uOfTcGfTds /fHodf ?k ft/Of ePsf]; fhf0{; :yfut ug{cfj Zos ePsf]h]

qm# ; +	g]kfnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>Ing]</p> <p>--f_ ; /sf/L nfesf] kbdf /x] ei6firf/ u/L u}sfqgl ; Dklit cfhg ug]zpk/ s8f sf/afxl u/L bl08t ug]lgllt lng]</p> <p>6_ b]zsf]cfly\$-; fdfllhs z kft/Of Pj -fofosf ; fy)bzfnf0{ l56f]; dfgt / cfly\$ z kn]; d]zfnl agfpg Ps ; fenf lj sf; cj wf/Of lgdf] ug]</p> <p>-7_ >ldssf k] fut clwsf/sf]; lglZrttf ub]pBf]wGbf, Jofkf/, lgof kj 46 cflbsf nflu nufgl j [4 u/L /fhuf/L Pj -cfo cfhg]sf cj ; /x]sf] Jofks j [4 ug]lgllt cg' /Of ug]</p> <p>-8_ /fHo klf ePsf]cGt/f]60 ; lGw ; Dem]fsf]k6fj sf/L sfof]j og ug]</p> <p>-9_ ; a)j e]sf/L sfggsf]cGto ug]</p> <p>-Of_ dh]sdf lj Bdfg hn; f]nufot k]s[ts ; f] ; fwgsf]/fi6k]tdf k6f]u ug]</p> <p>-t_ ; z:q a]asf]qmdf dfl/Psfx]sf]kl/j f/nf0{tyf o; qmdf 3f0t]e0{ ckfE / czQm ePsf]nf0{plrt /fxt, ; Ddfg tyf kg:yf]kgfsf]Joj :yf ug]</p> <p>-y_ ; z:q a]asf]qmdf ak]Qf kfl/Psf JolQm]sf]; Da]wdf ul7t 5fglag cfof]sf]k]tj]hgsf cfwf/df To:tf JolQm]sf kl]8t kl/j f/x]nf0{/fxt pknAw u/fpg]</p> <p>-b_ ; z:q a]asf]qmdf lj :yf]ktx]sf]kg:yf]kgf ug]{gi6 ePsf lghl tyf ; fj]h]gs ; DklQx]sf]xsdf /fxt k]bfg ug]{tyf Wj:t ; Argfx]sf] kg]gdf] ug]{j z]f sfo]md ; -rfng ug]</p> <p>b!_ P]t]xf] ; s hgcf]b]h]gdf g]t]j bfol eldsf lgj fx u/L ; j-t@)^# ; fn sfl]t\$ @@ ut]; xdlit sfod ug]k6v /fhgllts bnx] tyf ; ljwfg; efd kl]t]glw]j ug]cgo /fhgllts bnx] ; d] ; E ; xdlit, ; demf/L / ; xsfo{ u/L dh]ssf k6v /fhgllts ; d:ofx]sf]; d]wfg ug]; s]t lj sf; ug]</p> <p>-w_ ; z:q a]asf] qmdf dfgj clwsf/sf] uDel/ p]n^Sg ug] tyf dfgj tfj ?4sf]ck/fwdf ; ^nlg JolQm]sf]af/]f ; To c]j]fOf ug]{tyf ; dfhdf d]h]dnfksf] j ftj /Of lgdf] ug]{pRr:t/lo ; To lg]kOf tyf d]h]dnfk cfof]u u7g ug]. gofE, ljwgd] Joj :yf eP j d]h]d xg].</p>	

qm# ; +	g]fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
	wff/f # \$	<p>/fhosf lgbz s l; 4fftx; M o; wf/f cGtu{sf pkwf/f -!_ , -@_#_ sf] Joj :yf oyij t /flvPsf]5m</p> <p>hgtfsf]hlp, wg, ; dfgtf / : j tGqtfsf]; Af0f u/L ; fdfilhs, cfly\$ Pj /fhgllts lfg nufot /fli6@ hljgsf ; a}lfgdf Gofokof{Joj :yf sfod u/L vhf ; dfhdf cfwf/t n\$ssNof0sf/L Joj :yfsf]clej 14 ug{/fhosf]k0v p27o xg\$.</p> <p>-!_ hgtfsf]</p> <p>-@_ ; dfhdf zflGt / Joj :yf sfod u/L dfgj clwsf/sf]; Af0f / ; j4G ub] ; fj hlgS lxtsf]kj 4G ugI/ : j foQ zf; gsf]dflWodaf/f hgtfnf0{zf; gdf clwsflws dfqdf ; lDdlnt xg]cj ; / h0f0{n\$stGqsf nfex; sf]pkef]u ug{Sg]Joj :yf sfod ug{/fhosf]p27o xg\$.</p> <p>#_ g]kfnl hgtfsf]; 3if\$]kl tkm:j; k kkt nf\$stGqnf0{; :yfut ub] ; f\$ nfex; sf]pkef]u ug{kfpg]cj :yfsf]; hgf ugI; dGgt / ; d4 g]kfn lgdff ugI/fhosf]/fhgllts p27o xg\$.</p> <p>-\$_ bzd f pknAw cfly\$; ff / ; fwgnf0{; lldt JolQmx; df s]ib t xg glb0{; fdfilhs Gofosf] cfwf/df cfly\$ pknAw]sf] Gofof]rt lj t/0sf] Joj :yf ldnf0{sg}klg hflt, lnE, ju{ pTklQ jf JolQmpk/ cfly\$ zff]of xg gkfp]Joj :yf u/L cfly\$ c; dfgtf x6fp5}; j bz l lghl Pj + fj hlgS pBdnf0{klyldstf / k}o lb0{/fli6@ cy{Gqnf0{; j tGq, cfdlge{ Pj + pGltzln u/fpg' /fhosf]dhet cfly\$ p27o xg\$.</p> <p>wf/f # \$ sf]pkwf/f -\$_ df /x\$]; fdfilhs Gof0 eGg]zAb cufl8 AnE's Pj#eGg]j fSofz ylkPsf]5 .</p> <p>-%_ ; a}lsl; dsf]cfly\$ Pj +, fdfilhs c; dfgtf x6f0{lj leGg hft, hflt, wd{ efiif, jOf{ ; dbfo / ; Dkbfosf alr ; df-h:o :yfkf u/L Gof0 / gl}stfdf cfwf/t : j :y ; fdfilhs hljgsf]:yfkf / lj sf; ug{/fhosf] ; fdfilhs p27o xg\$.</p> <p>wf/f # \$ sf]pkwf/f -%_ df /x\$]wd{eGg]zAb cufl8 anE'zAb ylkPsf]5_</p> <p>-^_ bzs f]; fj efd; Qf, cv08tf / : j tGqtfnf0{sfod /fvl cGt/fli6@</p>	<ul style="list-style-type: none"> n]ssNof0sf/L /fho Joj :yfsf] k0v cfwf/ eg\$]f] gful/sx; sf] dfgj clwsf/sf]; Af0f / ; fdfilhs Pj cfly\$ Gofodf cfwf/t ; dfhsf]; Argf ug{xf]. cfly\$; fdfilhs tyf ; fS[ts clwsf/ lj ifos ; 0Qm /fi6x 3lo cga6wsf] k{tfjgf Pj + l; 8fcg; k dlxfn] cfly\$; fdfilhs, ; fS[ts, gful/s Pj + /fhgllts clwsf/x; ; d; ; dfg; kn] efl] ug{kfpg]Joj :yf ug{ /fhosf] k0v bflotj ePsf]h] dlxfn, k?if Pj + t] fl] lnElx; sf] klxrfgnf0{; d; Wofgd /fvl /fhon] cf'gf] p27o to ug{kG]ePsf]h]. bzd f pknAw cfly\$; ff / ; fwgx; sf] lj t/Of, k0f]u / kxFdf ; d; n]Es Gofosf]bl]6sf]faf6 ; dfg ePdf dfg bzsf] cfly\$ lj sf; sf p27o k/f xg ; Sg] ePsf]h] / l; 8fcg; k cfly\$ tyf ; fdfilhs hljgsf cG0 lfgx; df k?if tyf dlxfnfnf0{; dfg clwsf/ ; lglZrt ug{kG]bflotj /fhosf]ePsf]h].

o hgtf eGgn]dlxfn, k?if / t] fl]lnEl ; d; hgfpG\$.

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/Of
		hutðf /fli6@ ; Ddfgsf] clej [4 ug] lbzdf /fhosf] cGt/fli6@ ; Da6w lgb]zt xg\$ oyfj t /flvPsf]5 .	
	wff/f #%	<p>/fhosf glltx; Mwff/f #% sf]pkwff -!_ , @_ , #_ , \$_ , %_ , ^_ , &_ oyfj t /flvPsf]5 .</p> <p>-!_ b]zsf]; Gtlnt lj sf; sf nflu cfly\$ nufglsf]Gofofl]rt lj t/Of u/L ; a) lfqsf hgtfsf]lzlff ; jf:Yo, oftfoft, cfjf; / /fhuf/L h:tf cfwf/e't s/fx; sf]lj sf; u/L hg; fwf/Ofsf]hljg:t/ j [4 ug]gllt /fhon]cjndag ug\$.</p> <p>@_ ; /sf/L ; xsf/ tf / lghl lfqsf]dflbdaf6 dh5df cyf]Gqsf]lj sf; ug]gllt /fhon]cjndag ug\$.</p> <p>#_ lj leG wd{ ; s]lt, hflt, ; dbfo, ; Dkbf, ptklQ / efiffeflfx; sf alr ; dfgtf Pj +; xcl:t]j sf cfwf/df :jf:Yo / ; dw/ ; fdf]hs ; Da6w lj sl; t u/L ; a\$]efiff ; flxto, lnksnf / ; s]tsf]; dfg lj sf; af/f b]zsf]; f:s]ts lj lj wtf sfod /fvL /fli6@ Pstfnf0{; bQ ug]gllt /fhon] cjndag ug\$.</p> <p>-\$_ /fli6@ lxt cgsh pkof]l Pj +nebfos ; kdf b]zsf]k]s]ts ; ff tyf ; Dkbsf] kl/rfng ubf{ :yfglo ; dbfonf0{ kfyldstf lb0g] gllt /fhon] cjndag ug\$.</p> <p>-%_ /fhon] jftfj/Of :jR5 /Vg cfjZos Joj:yf ug\$. hg; fwf/Ofdf jftfj/Oflo :jR5tfsf] r]gf a9f0{ efl]ts lj sf; ; Da6wL lqmf]snfx; af/f jftfj/Ofdf kl]tsh c; / kg{glbg Pj +jftfj/Of tyf bhe{jGoh:t5f]lj zlf ; Af0fdf /fhon]kfyldstf lbg\$. jg / jg:klt tyf h]j s lj lj wtf]sf]; Af0f, lbur]pkof]l / To; af6 k]t niefd ; dGoflos af8kn]Bsf]Joj:yf ug\$</p> <p>^_ /fhon]s; fgnf0{k]f; fxg u/L sl]f lf]df ptkbs]j a9f0{sl]df cfwf/t clwsf]E hgtfsf]cfly\$ pGlt xg]cj :yfx; sf]; hgf u/L sl]fnf0{pB]j]sf]; kdf lj sf; ug\$.</p> <p>-&_ b]zsf] dVo ; fdf]hs-cfly\$ zlQmsf] ; kdf /x\$]f] >dzlqmf0{/fhuf/ pknAw u/f0{sf]d kfp]g]clwsf/ ; lglZrt u/L pglx; sf]xs / lxtsf]</p>	

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>; Af0f ub]pBdsf]Joj :yfkqdf ; xeflutf a9fpg]gllt /fHon]cj nDag ug\$.</p> <p>-* _ dlxnf ju\$]lzlff, :jf:Yo / /fhuf/lzf]lj zif Joj :yf ul /fli6@ lj sf; df clwsflws ; xeful agfpg]gllt /fHon]cj nDag ug\$.</p> <p>wf/f # % sf]pkwf/f -* _ df Joj :yf ul/Psf]gllt nf0{b}foadflhd wf/f # % -* _ -! _ u/l qndzll-* _ -! _ @ _ # _ \$ _ % _ ^ _ & _ ; Dd 5\$5\$} ; kdf Joj :yf ul/Psf]5 .</p> <p>-! _ lzlfm]lzlfdf dlxfx ; sf]kx^ a9fpg lqut, hftut, ; dbfout / cfly\$ Pj+; fdfhs cj :yfsf ; fy} ygf Pj +sf/fuf/df /x\$ dlxfx ; nf0{ d; lgnzls Pj +; lj wfoQm / kefj sf/l lzlf; DaGwl lj zif gllt /fHon]cj nDag ug\$.</p> <p>@ _ :jf:YoM :jf:Yodf dlxfx ; sf]kx^ a9fpg lqut, hftut, ; dbfout / cfly\$ Pj+; fdfhs cj :yfsf ; fy} ygf Pj +sf/fuf/df /x\$ dlxfx ; sf]khgg :jf:Yo ; jf / ; lj wdf kx^ j]4 tyf dft]sf] ; Af0f / kj 4g ug{ /fHon]lj zif gllt cj nDag ug\$.</p> <p># _ /fhuf/l M dlxfx ; sf] :jbzl, lj bzL, gllh tyf ; fj hgs lqdf /fhuf/lzf]cj ; /df kx^ j]4 ug\$ nflu /fHon]lj zif gllt cj nDag ug\$.</p> <p>-\$ _ /fli6@ lj sf; M/fli6@ lj sf; ofhgf, sfoqnd / sfof]og klqmf tyf</p>	<ul style="list-style-type: none"> • g kndf lzlf]sf] kxFdf lqlo, n]Es, hftlo Pj +j ul6 lj e@ pNny]glo ; kdf :ki6 blv65 . dlxfx ; dfq \$@ kl]zt ; flf/ 5g\ o; df klq blnt, cflbaf; l hghft, dw]L, r]k^a, ckE, jfbL Pj +bu@ lqsf dlxfx ; sf] ; flf/tf ; wof xq]xf] eg] Hofb}Gog 5. To; h] lzlfdf kxF a9fpg pQm ; dbfox ; sf] cfj Zostfcg; f/ lj zif lzlf gllt ckgfpgkg]cfj Zos ePsf]h]. • l; 8fsf]wf/f !) cGtu@ kl]ofet lzlf]sf]clwsf/ / cfly\$, ; fdfhs tyf ; fS]ts clwsf/ lj ifos ; eQm /fi6x3lo cgaGwsf]wf/f !# cg; k kxF of]o lzlf agf0g'kg]/fhosf] bflotj sfof]ogsf] nflu /fHo; G dlxfnf0{ lzlf]sf] ; lj wf; lxtsf]gllt cfj Zos ePsf]h]. • l; 8fsf]wf/f !@ cg; k ue]tl tyf k]l'tsf cj lwdf pkoQm ; jf pknAw u/fpg]hufot khgg :jf:Yo ; jf kfg] clwsf/ Joj xfl/s ; kdf kl]ofet ug{ /fhosf] bflotj ePsf]h]. • l; 8fsf]wf/f !! -v_ cg; k /fhuf/lzf] ; dfg clwsf/sf] Joj xfl/s ; kdf kl]ofet ug{kg]bflotj /fhosf]ePsf]h]. • l; 8fsf]wf/f !\$ cg; k lj sf; ofhgsf]lj :t]ls/Of tyf sfof]ogdf ; a} txd ; dfg ; kdf efu lng kfg]

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/0f
		<p>; f6 kf t / kl kndf dxnfx;sf]; dfg kxF ; xeflutf / kl lgw j sf] ; lglZrttsf nflu /fHon] lj zif glit cj nDag ug\$.</p> <p>-%_ cfly\$ lj sf; M dxnfx;nf0{ cfly\$;kdf ; zOm agfpgsf] nflu cfBfl]us, Jofkf/ Joj; fo, ; fgf tyf 3/h' pBfl, s if kj 4g, a\$ cf b h:tf lfx;df dxnfx;sf]; xeflutf, nufgl / kl lgw j nf0{; lglZrt ug\$]nflu /fHon]lj zif glit cj nDag ug\$.</p> <p>^- JolQmut lj sf; M/fHon]dxnfx;sf]JolQm] lj sf; sf nflu 3/fof; l sfo\$] dNof\$g / pOm sfddf kl/jf/sf k?if ; b:ox;sf] klg ; dfg ; xeflutf a9fpgsf]nflu kcfj sf/l glit cj nDag ug\$.</p> <p>-&_ lqoff6s txdf ; xeflutfM /fHosf x/\$ txdf dxnfx;sf]; dfg, cyk0f ; xeflutf / kl lgw j ; lglZrt tyf clej 4 ug{dxnf ; zOms/0f / g t] lj sf; ; Da6wl lj zif glit cj nDag ug\$.</p> <p>W/f #% sf]pkw/f -(/ -!)_ oyj t /fvPsf]5M</p> <p>-(/fHon]Psn dxnf, cgfy, afnafnsf, c; xfo, j 4, ckfE, czOm/ nfk dv h f tsf]; /f0f / pG tsf nflu ; fdfhs ; /lfsf] lj zif Joj :yf ug glit cj nDag ug\$.</p> <p>-!)_ lz ff, :jf:Yo, cfj f; , vfB; Dk tf / /fhuf/ldf lglZrt ; dosf nflu cf/lf0fsf] Joj :yf u/l cfly\$ tyf ; fdfhs;kn] lk5 8Psf cf baf; l hgh t, dw]l, blntnufot ; ldf tsf ; dbfo tyf ul/alsf]/yfd gsf d b/ sl; dsf]p yfg ug glit /fHon]cj nDag ug\$.</p>	<p>dxnfx;sf]clwsf/sf]; lglZrttf ug gl]ePsfh].</p> <ul style="list-style-type: none"> • rny] cGt/f60 dxnf ; Dd hg !((% df dxnfx;sf] lj Bdfg ul/al sd ug{dxnfx;sf] !@ j6f ; /f\$ /sf lfq;dlw] cyfGqdf dxnfx;sf] kxF j 4 ug{ pBdz ntfsf]lj sf; ug{/ cfly\$; f df dxnfx;sf] kxF tyf clwsf/sf]kj 4g ug{/ l; 8fsf] wf/f !# af/f kl0fet cfly\$ tyf ; fdf hs hljgsf c6o lfq;df k?if tyf dxnfnf0{; dfg clwsf/ ; lglZrt ug{/fHosf]b lo]j ePsfh]. • k?if tyf dxnfsf] alrdf k0f{ ; dfgtf k k tsf] nflu ; d hdf tyf kl/jf/df k?ifsf] eldsf tyf dxnfsf] eldsf; Da6wl k/Dk/fut ; f f0df kl/j t6 xgkg cfj Zos ePsf] / l; 8fsf] wf/f % cg;k dxnfx;sf] k/Dk/fut e efj k0f{Joj x/ Pj dxnfx;kl t ul/g k]f fx; lgdh u/l pglx;sf] JolQm] lj sf; ug{ 3/leqsf] sfd / afnaf nsf k tsf]b lo]j lglZrt ug s ddf dxnf k?ifsf] ; dfg hd]f/l / ; xeflutf cfj Zos ePsfh]. • /fHodf dxnfsf]l:ylt psf:g z Om ; /rgf / lqoff6s txdf dxnfsf]; dfg ; xeflutf xg' cfj Zos ePsf]xgfn] l; 8fsf]k t f g df g}dxnfn]k?if; E x/lf df a/fa/Lsf] cfwf/df clwstd ; xeflutf cfj Zos ePsf] s/fnf0{ l:jsf/l h; sf] sf0ff]ogsf nflu l; 8fs} wf/f @ -s_ cg;k ; dfgtfsf]l; 4f6tnf0{sf g jf c6o dfl bdaf6 Jofj x /s; kdf ; fsf/ kfg{ cfj Zos pkfo cj nDag ug gl] /fHosf] b lo]j cg;k dxnfx;nf0{ g t] lj sf; ; Da6wl ; zOms/0f sf0qmdx;nf0{ /fHosf] gl tut; kdf cu f8 Nofpg cfj Zos ePsfh]. • sh ufx(y p kfbgsf] ^) kl tzt p kfbgdf dxnfsf] of ubfg eP tfklg pglx;sf]cfj f; / elddf qmdz l% /

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>wf/f #% sf]pkwf/f -!)_ kl5 b]foadl]hd !) -s_ yk ul/Psf]5 . #% -!)s_ cfjf; , eld, k]s[ts ; f] / ; Dkbfsf ; fy}vfB ; Dkè'tdf d]xnfsf]clwsf/ :yflkt ug\$ f nflu /fHon]lj z]f glit cjndag ug\$. o: tf]glitsf]sf]of]og ubf{ååkl8t, blnt, dw]L, dl:nd, lk5l8Psf lf] tyf cfly\$; kn]lj kGg d]xnfx; sf] pTyfgsf nflu lj z]f Wbfg k]ofpg]glit cjndag ug\$.</p> <p>pkwf/f -!!_ -!@_ -!#_ -!\$_ -!%_ -!^_ -!&_ -!*_ -!(_ @)_ -@!_ -@@_ oyfj t /flvPsf]5 .</p> <p>-!!_ b]zsf]pGgltsf nflu lj 1fg tyf klj lwsf]lj sf; nf0{kfyldstf lbg] glit /fHon]cjndag ug\$; fy}:yfglo klj lwsf]lj sf; ug]glit cjndag ug\$.</p> <p>-!@_ /fli6@ lj sf; sf]nflu ; j b]z] nufgnf0{kfyldstf lb0{b]zdf j b]z kFl / klj lwnf0{cfsliff ug]glit /fHon]cjndag ug\$.</p> <p>-!#_ ax' Vøs ufdlOf hgtfsf] lxtnf0{ Wbfgdf /fvL ufdlOf lj sf; sf] ultnf0{tlj t/ agf]p]n]h]fg]glit /fHon]cjndag ug\$.</p> <p>-!\$_ /fHon] d]xnfx, blnt, cflbaf; L hghflt, dw]L, dl:ndnufot cNk; Vøs, eldxlg, ; Sdaf; L, sdøf, ckfE, lk5l8Psf lf] tyf ; dbfo / åå kl8tsf nflu ; sf/f]ds lj e]sf cfwf/df lj z]f Joj :yf ug] glit cjndag ug\$.</p> <p>-!%_ dQm sdøfsf] ; Vøf olsg u/L pglx; sf]a; f]af; sf]nflu cfwf/e't eld / /f]huf/Lsf]Joj :yf ug]glit /fHon]cjndag ug\$.</p> <p>-!^_ ls; fg, d]hb/nufot >ddf cfl>t ju\$]lj sf; sf]nflu k]lj lws lzlff, tflnd, klzlf0fsf]cfj Zos k]f]w]f/sf]Joj :yf u/L pglx; nf0{/fHosf] lj sf; kl]qmfdf ; xeful u/fpg]glit /fHon]cjndag ug\$.</p> <p>-!&_ j 4, czQm d]xnfx tyf a]f]huf/nf0{sfggdf Joj :yf u/L eQf lbg]glit cjndag ug\$.</p> <p>-!*_ dh]sdf lj Bdfg k/Dk/fut 1fg, ; lk / cEof; sf]klxrfg / ; Af0f ub] To; nf0{cfw]gsls/Of ug]glit /fHon]cjndag ug\$.</p> <p>-!(_ dh]sdf :yfkf ePsf ; fj]q]gs tyf u}; /sf/L ; 3 ; :yfsf]; ~rfng</p>	<p>!) kl]tzt dfq :j fldTj /x\$]5 . To; h]cfjf; , eld tyf vfB ; Dkè'tdf kl]g d]xnfx; sf] ; dfq kxF a9fpgsf nflu /fHoaf6 ; lj wf; lxtsf]lj z]f glit cjndag ug]k]g] ePsf]h].</p>

qm# ; +	gkfnsf]cGt/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj :yf	; zfvlg]sf/Of
		<p>/ Joj :yfgdf lgodg ug{/fhon]lj zif glit cj ndag ug\$.</p> <p>-@)_ b7sf] lj sf; df of hgziQmf0{kl/rfng ug{/fhon]lj zif glit cj ndag ug\$.</p> <p>-@!_ /fhon] ; eOm /fi6«3sf] a8fkq, c; mlgtf, k-rzlnsf] l; 4ft, cGt/fi6 sfgg / lj Zj zflGtsf]dfGotsf]cfwf/df gkfnsf]k//fi6«glit lng\$.</p> <p>-@@ l5d\$ l leq/fi6x / ; #/sf c? ; a}dh5x;l; t cfly\$, ; fdlhs Pj -cGo lfgdf ; dfgtfsf]cfwf/df ; xoflyfids ; ; Da6w sfod u/L gkfndf zflGtnf0{ cGt/fi6 dfGotsf] cfwf/df ; yfut ubx hfg] glit /fhon] cj ndag ug\$.</p>	
%	<p>efu \$ -s_</p> <p><u>/fi6WbIf tyf pk</u></p> <p><u>/fi6WbIf</u></p>		
	wf/f #^s	<p>/fi6WbIf M-!_ gkfndf Pshgf /fi6WbIf /xg\$.</p> <p>gofF; lj-wfgdf Joj :yf ePadf]hd</p> <p>-@_ /fi6WbIf dh5sf]/fi6«kdV xg\$ / ; fxl xl; otdf o; ; lj-wfg / k Int sfgg adf]hd lghn]cfk]sf]sfo{; Dkfbg ug\$.</p> <p>gofF; lj-wfgdf Joj :yf ePadf]hd xg]</p> <p>-#_ ; lj-wfgsf]; Af0f / kfgf ug{/fi6WbIf kdV stfo xg\$.</p> <p>gofF; lj-wfgdf Joj :yf ePadf]hd xg]</p>	
	wf/f #^v	<p>/fi6WbIfsf]lgj ffG M-!_ gofF; lj-wfgdf Joj :yf ePadf]hd xg]</p> <p>-@_ pkwf/f -!_ adf]hd ; xdlit sfod xg g; s0f ; lj-wfg ; efdt tTsn sfod /xsf ; Dk0f{; b:o ; Wofsf]axdt k t ug]JolQm/fi6WbIfsf]k bdf lgj flr t ePsf]df]gg]5 .</p>	

qm# ; +	g]k]fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		#- /fi6Wb]lfsf] lgj ff'g ; DaGwl cG0 sfok] lw ; ljwfg; efn] lgwfi{Of u/] adfl]hd xg\$. -\$_ lgj ff'g, dgf]og j f lgoIQmaf/f kl't{xb]sg}klg /fhgllts kbdf afxn /x\$]sg}JolQm /fi6Wb]lfsf] kbdf lgj fl'r t ePdf lghsf]To:tf]kb :j tM l/Qm xg\$.	
	wf/f #^5	pk/fi6Wb]lfsf]-!_ g]k]fndf Pshgf pk/fi6Wb]lfsf]/xg\$. gofF; ljwfgdf Joj :yf ePadfl]hd @_ wf/f #^ -^_ adfl]dd /fi6Wb]lfsf] kbdfQm e0{csf] /fi6Wb]lfsf] lgj fl'r t geP; Dd jf /fi6Wb]lfsf] cgklZyltdf /fi6Wb]lfsf] ul/g] sfo\$ pk/fi6Wb]lfsf] ; Dkfbg ul/g]5 . gofF; ljwfgdf Joj :yf ePadfl]hd #_ lgj ff'g, dgf]og j f lgoIQmaf/f kl't{xb]sg}klg /fhgllts kbdf j xfn /x\$]sg}JolQm pk/fi6Wb]lfsf] kbdf lgj fl'r t ePdf lghsf]To:tf]kb :j tM l/Qm xg\$. wf/f #^5 sf]pkwf/f -#_ kl5 b]foadfl]hd kl'taGwgf]Tds jfSofz yk ul/Psf]5M t/ /fi6Wb]lfsf] jf pk/fi6Wb]lfsf] kbdf pDdl]j f/ lbg]/fhgllts bnn]b04 kdb]l]sg}Ps kbdf clgj fo\$ kdf dlxnf pDdl]j f/ lbgkg]5 .	<ul style="list-style-type: none"> • b]zsf]sh hg; Vosf]%) kl'tz teGbf a9l hgziQm ePsf dlxnf; lkt[Qf]ds zf; g Joj :yfn] ubf{ /fhglltdf pglx; sf]cgj /t ; 3if\$ afj hb klg lgoff\$ txdf klg g; Sg; dlxnf; sf] kl'ofet dfgj xs clwsf/sf] ; d] xgg ePsf]/ ca ag]nf\$ tflqs ; ljwfgdf dlxnf; sf] lgoff\$ eldsf] ; dfgklts; kdf ; lglZr t ug{/fhosf] bflotj ePsf]h]. • ; eQm /fi6Wb]lfsf] dfgj clwsf/; DaGwl 3f]ffkq !(\$* sf] cfwf/e't dfgj clwsf/ / dfgj lo dNo tyf doffdf k?if / dlxnf] ; dfg clwsf/ ePsf]s'/f 3f]ff u/\$f]/ ; f\$] ; b:o /fi6Wb]lfsf] x]; otn]To; nf0{kl'ofet u/fpg' g]k]fnsf] cGt/f]60 bflotj ePsf]h].

qm# ; +	g]fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/0f
^	efu % sfo]flnsf		
	wf/f #*	<p>d]Gqkl/ibsf]u7g]gofF; ljwfgdf Joj :yf ePadf]hd xg]</p> <p>d]Gqkl/ibsf] u7gsf] ; DaGwdf gofF; ljwfgdf ul/g] Joj :yfdf b]fosf]yk pkwf/fsf]Joj :yf ul/Psf]5</p> <p>wf/f #* -!s_ d]Gqkl/ibsf] k]wfgdGqsf c]t]l/QmcfjZostfcg' f/ pkk]wfgdGq / cGo dGqLx; /xg]g\ o; /l u7g ul/g] dGqkl/ibsf]sh ; b:o ; Vofsf]s]Dt]df krf; k]tzt dGqLx; d]xnf xg]g\</p>	<ul style="list-style-type: none"> • l; 8fsf]wf/f @ / # cg'k d]xnf] 4 xg]; a}e]efj sf] cG]osf nflu d]xnf / k?if ; dfg]tsf]l; 4f]tnf0{cfk]w] b]zsf]; ljwfgdf ; dfj z ug]sf ; fy)cGo sfggl sbdx; r]flgkg]/fhosf]b]lo]j ePsf]h]. • l; 8fsf] wf/f & cg'k d]xnf]pk/ /fhg]lts tyf cGo e]efj lgd] ug] dh]ssf]/fhg]lts tyf ; fj]h]gs hljgdf d]xnf] ?4sf] e]efj pGdhg ug] / k?if; /x d]xnf]nf0{a/fa/l]sf]cfwf/df ; /sf/l gl]t lgd]fdf tyf sfo]j ogdf ; l/s xg]; fj]h]gs kb wf/0f ug]{Pj +; a} ; /sf/l txx;df xg] lqmf]snfk ; Dkfbg ug] clwsf/ k]f]g ug]{fhosf]c]t]/fh]60 b]lo]j ePsf]h]. • gful/s tyf /fhg]lts clwsf/ lj ifos ; e]Qm /fi6x3]o cga]wsf]wf/f @^ cg'k lagfe]efj ; dfg k]t]glw]j sf] sfgg]af/f ; /l]ft ug]k]l]ta4tf k'/f ug]kg]ePsf]h].
&	efu ^ Joj :yflksf-; ;#b		
		<p>Joj :yflksf-; ;#b]sf] u7g]l]b]j :yflksf-; ;#b]sf] u7gdf gofF ; ljwfgdf ul/g]Joj :yfdf b]foad]hd -!_ / -@_ sf]yk Joj :yf k]t]j ul/Psf]5 M</p> <p>-!_ Joj :yflksf ; ;#b]sf]u7g ubf{Joj :yflksf ; ;#b]sf]sh ; b:o ; Vofsf]s]Dt]df krf; k]tzt ; b:o d]xnf]x;sf nflu cf/l]ft ul/g]5. / pQm cf/l]ft l]q]df k]o]z /fhg]lts bnn]d]xnf</p>	<ul style="list-style-type: none"> • l; 8fsf]wf/f @ / # cg'k d]xnf] 4 xg]; a}e]efj sf] cG]osf nflu d]xnf / k?if ; dfg]tsf]l; 4f]tnf0{cfk]w] b]zsf]; ljwfgdf ; dfj z ug]sf ; fy)cGo sfggl sbdx; r]flgkg]/fhosf]b]lo]j ePsf]h]. • l; 8fsf] wf/f & cg'k d]xnf]pk/ /fhg]lts tyf cGo

qm# ; +	g]fnsf]cGt/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>pDdl]jf/ dfq dgfgog ug]g\ o; /l ; xeflutf u/tpbf Psn, blnt, cflbaf; l, hghflt, dw]l, ckfEtf ePsf lolQm tyf cGo lk5l8Psf]l]qsf dlxnf; sf]; xeflutfsf nflu sfggáf/f ljzif Joj :yf ul/g].</p> <p>-@_ Joj :yflksf ; #bn]cfktyf]; b:ox; d]lb]f6 Pshgf ; efdV / Pshgf pk; efdVsf]lgjffg ug]. o; /l ul/g]lgjffgdf pDdl]jf/ lbg]/fhgllts bnn]; efdV jf pk; efdVd]lb]sg] Ps kbdf clgjfo; kdf dlxnf pDdl]jf/ lbgkg].</p>	<p>e]efj lgdh ug{ dh]ssf] /fhgllts tyf ; fj h]gs hljgdf dlxnf]4sf] e]efj p]d]hg ug] / k?if; /x dlxnf]f0{a/fa/]sf]cfw]/df ; /sf/l glt lgd]f]df tyf sf]f]ogdf ; l/s xg]; fj h]gs kb wf/Of ug{Pj +; a} ; /sf/l txx;df xg] lqmf]snfk ; Dkfbg ug] clwsf/ k]fg ug] /fhosf]c]t/f]6 b]loTj ePsf]h].</p> <ul style="list-style-type: none"> • gful/s tyf /fhgllts clwsf/ lj ifos ; eQm /fi6; 3lo cga]wsf]wf/f @^ cg; k lj gfe]efj ; dfg kl]lglw]j sf] sfggáf/f ; /lft ug]kl]ta4tf k/f ug]kg]ePsf]h].
wf/f %*		<p>; ldtM]Joj :yflksf-; #bn] o; sf]lgodfj nldf Joj :yf ePad]hd cfj Zos ; Vofdf ; ldt / pk; ldtx; /xg]5g\</p> <p>wf/f %* df b]foad]hd pkwf/f-!_ yk ul/Psf]5M</p> <p>o; /l ; ldt tyf pk; ldtx; sf] u7g ubf{ ; ldt / pk; ldtx; sf ; b:o tyf ; e]h]ssf] ; Vofsf] sDtldf krf; kl]tzt dlxnf xgkg]5 .</p>	<ul style="list-style-type: none"> • l; 8sf]wf/f @ / # cg; k dlxnf]4 xg]; a}e]efj sf] c]f]osf nflu dlxnf / k?if ; dfg]tsf]l; 4f]t]nf0{cfktyf] b]zsf]; ljwfgdf ; dfj z ug]sf ; fy]cGo sfggl sbdx; r]l]gkg] /fhosf]b]loTj ePsf]h]. • l; 8sf]wf/f & cg; k dlxnf]pk/ /fhgllts tyf cGo e]efj lgdh ug{ dh]ssf] /fhgllts tyf ; fj h]gs hljgdf dlxnf]4sf] e]efj p]d]hg ug] / k?if; /x dlxnf]f0{a/fa/]sf]cfw]/df ; /sf/l glt lgd]f]df tyf sf]f]ogdf ; l/s xg]; fj h]gs kb wf/Of ug{Pj +; a} ; /sf/l txx;df xg] lqmf]snfk ; Dkfbg ug] clwsf/ k]fg ug] /fhosf]c]t/f]6 b]loTj ePsf]h]. • gful/s tyf /fhgllts clwsf/ lj ifos ; eQm /fi6; 3lo cga]wsf]wf/f @^ cg; k lj gfe]efj ; dfg kl]lglw]j sf] sfggáf/f ; /lft ug]kl]ta4tf k/f ug]kg]ePsf]h].
*	efu !) Cofok]nsf		

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/0f
	<p><u>wf/f !)#</u></p>	<p>; j r cbntsf Gofowlzx; sf]lgolQm/ of]otfM o; wf/fsf]pkwf/f - !@#-\$_%_ pNn]vt Joj :yfx? gofF, ljwfgdf Joj :yf eP j dfl]nd xg\$. !/fi6Bblfn] ; jw]lgs kl/ibsf] l; knf/; df ; j r cbntsf] k]wfgGofowlz / k]wfgGofowlzn] Gofokl/ibsf] l; knf/; df ; j r cbntsf cGo Gofowlzx; sf]lgolQm ug\$. k]wfgGofowlZfsf]kbj lw wf/f !)% sf]pkwf/f -!_ sf]v08 -v_ sf]cwlgdf /xl lgoQm ePsf]ldltaf6 5 j if\$]xg\$.</p> <p>@_ ; j r cbntsf]Gofowlz kbdf sDtdf tlg jif{sf] u/\$f]JolQm ; j r cbntsf]k]wfgGofowlzsf]kbdf lgoQm xg of]o dflgg\$.</p> <p>#_ kg/fj b] cbntsf]Gofowlz jf ; f] ; /xsf]GofO ;]fsf]sg]kbdf ; ft jif{jf GofO ;]fsf]/fhkqf]st kyd >0fl jf ; fGbf dfl]Nnf]kbdf sDtdf afx jif{sf] u/\$f]jf sfggdf :gfts clwjQmf jf j/i7 clwjQmfsf] x] ; ogdf sDtdf kGw jif{sf]nt u/\$f]jf sDtdf kG3 jif{Dd GofO jf sfggsf] l]qdf sfd u/L lj]zi6 sfggljbsf ; kdf Voflt k]t u/\$f]JolQm]dfq ; j r cbntsf] Gofowlzsf] kbdf lgoQm]sf nflu of]o dflgg\$.</p> <p>-\$_ k]wfgGofowlzsf] kb l/Qm ePdf jf c:j:ytfsf]jf c? sg}sf/0fn] k]wfgGofowlz cfk]nf]kbsf]sfd ug{c; dy{ePsf jf labf a; \$f]jf gkfn afix/ uPsf]sf/0fn]k]wfgGofowlz ; j r cbntdf pkl:yt gxg]cj:yf k/df ; j r cbntsf]j/i7td Gofowlzn]sfod dsfod k]wfgGofowlz e0{sf] ug\$ -</p> <p>-%_ k]wfgGofowlz / ; j r cbntsf cGo Gofowlzx; k}6Xl jif\$]pd] gku]Dd cfk]nf]kbdf axfn /xg\$g\</p> <p>wf/f !)# sf]pkwf/f -%_ kl5 b]foadfl]h pkwf/f -^_ yk ul/Psf]5M -^_ wf/f !)# sf]pkwf/f -!_ adfl]nd Gofowlzx; sf] l; knf/; /lgoQmubf{sDtdf krf; k]tzt dlxf lgoQmug]g\$.</p>	<ul style="list-style-type: none"> • l; 8fsf] wf/f @ / # cg; k dlxfnj 4 xg] ; a} e]efj sf] c]fosf nflu dlxf / k?if ; dfgtfsf] l; 4f]tnf0{ cfk]nf] b]zsf] ; ljwfgdf ; dfj z ug\$; fy} cGo sfggl sdx; r]l]gkg]/fhosf]b]l]o]j ePsf]h]. • l; 8fsf] wf/f & cg; k dlxfnpk/ /fhgllts tyf cGo e]efj lgdh ug{ dhssf] /fhgllts tyf ; fj]lgs hljgdf dlxfnj?4sf] e]efj p]d]hg ug] / k?if; /x dlxfnf0{ a/fa/Lsf] cfwf/df ; /sf/L glt lgd]df tyf

qm# ; +	g[kfnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj :yf	; zfvlg[sf]sf/Of
			<p>sfoffj ogdf ; /s xg] ; fj klgs kb wf/Of ug{ Pj +; a } ; /sf/l txx; df xg] lqofsnfk ; Dkfbg ug] clwsf/ kbfg ug] /fhosf]cGt/fi60 bfoTj ePsfh].</p> <ul style="list-style-type: none"> • gful/s tyf /fhgllts clwsf/ ljifos ; eQm /fi6x3lo cga6wsf] wf/f @^ cg; k lagfebefj ; dfg kl t glwTj sf] sfggaf/f ; /l ft ug] kl ta4tf k/f ug] kg]ePsfh].
wf/f !)		<p>kg/fj dg cbfnt / lhNnf cbfntsf]GofowLzsf]lgolQm of]otf / ;]fsf zt{ tyf ; ljwfx; M o; wf/fsf] pkwf/f -!@-#-\$_-%_ -^_ df plnlvt Joj :yix? gofF; ljwfgdf Joj :yf eP jdf]hd xg] / pkwf/f -&-*_-(-!)_!!_ df plnlvt Joj :yfnf0{oyfj t /flvPsf] 5 .</p> <p>-!_ kwfgGofowLzn] Gofokl/ib6sf] l; knfl/; df kg/fj dg cbfntsf] dVo GofowLz / GofowLz tyf lhNnf cbfntsf]GofowLzsf]lgolQm ug] .goff ; ljwfgdf Joj :yf ePadf]hd xg]</p> <p>@_ sfggdf :gfts]kflw k kt u/L lhNnf GofowLz jf GofO ;]fsf]/fhkqf]t kyd >]l]sf] kbdf sDtdf ; ft jif{sf] u/\$f]jf sfggdf :gfts j /i7 clwj Qmf jf clwj Qmfsf] ; kdf sDtdf b; j if{j sfnt u/\$f]jf sDtdf b; j if{sfggsf] clwbkg, cGj]f jf sfgg jf GofO; Da6wL c6o sg] l]qdf sf] u/\$f]g]kfnl gful/s kg/fj dg cbfntsf]dVo GofowLz jf GofowLzsf] kbdf lgolQmsf]nflu of]o dflgg\$.</p> <p>#_ sfggdf :gfts]kflw k kt u/L GofO ;]fsf]/fhkqf]t latlo >]l]sf] kbdf sDtdf tlg j if{sf] u/\$f]jf sfggdf :gfts clwj Qmfsf] ; kdf sDtdf cf7 j if{j sfnt u/\$f]g]kfnl gful/s lhNnf GofowLzsf] kbdf lgolQmsf]nflu of]o dflgg\$.</p> <p>\$_ pkwf/f #_ adf]hd sfggdf :gfts clwj Qmfnf0{lhNnf GofowLzdf lgolQm ubf{Gofokl/ib6 In0g] InlvT / dfl]vs k/Liffaf6 pQlOf{ePsf JoIQmfnf0{ lgolQm ul/g\$. To:tf] k/Liff kQfnl / c6o sfol] lw sfggaf/f lgwf]Of ePadf]hd xg\$</p> <p>-%_ Gofokl/ib6]o; wf/fadf]hd of]o ePsf]JoIQmfnf0{of]otf, lfdtf, cg6j, Gofokl]tsf]lgi7f / of]ubfg, ; fj klgs hljgdf cfhg u/\$f] Vofit,pRr g]ts rl/q; d]nf0{ lj rf/ u/L kg/fj dg cbfnt tyf lhNnf</p>	

qm# ; +	g]fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>cbfntsf]Gofowlzsf]kbfdf lgo]Qmsf]nflu l; krf]/; ug\$. -^_ of]wf/f jf o; kl5sf]cGo wf/fx;df kof]u ePsf]Gofowlz eGg]zAbn] lj ifo jf k] uaf6 csf]cy{gnfu]df cltl/Qm Gofowlz; d]nf0{hgfp\$. -&_ kg/fj]hg cbfntsf]dVo Gofowlz, Gofowlz tyf lhNnf cbfntsf] Gofowlzsf]kfl/>lds, eQf, lgj]Qe/Of, labf, pkbfg / ;]fsf cGo ; lj wf / ;]fsf cGo ; t{x; sfggaf/f lgwf/Of ePadf]hd xg\$g\ gofF; ljwfgdf Joj :yf eP j dff]hd xg] -*_ kg/fj]hg cbfntsf]dVo Gofowlz / Gofowlz tyf lhNnf cbfntsf] Gofowlznf0{dsf[kg]u/l lghsf]kfl/>lds, ; lj wf / ;]fsf ; t{abing] 5g . oyfj t -(_ pkwf/f -&_ df hg; s)s/f n]vPsf]eP tfklg pkwf/f -!)_ sf]v08 - u_ adff]hd kbdQm ePsf] kg/fj]hg cbfnt tyf lhNnf cbfntsf] Gofowlzn]pkbfg tyf lgj]Qe/Of kfp\$5g . oyfj t -!)_ b]fosf]cj :yfdf kg/fj]hg cbfnt jf lhNnf cbfntsf] Gofowlz cfkngf]kbaf6 eQm ePsf]df]gg\$ # -s_ lghn]k]wfgGofowlz; dl f ln]vt /fhlgfdf lbPdf -v_ lghsf]lq; 6Xl j if\$]pd] k/f ePdf, -u_ sfo{fdttsf] cej, v/fa cfr/Of, 0df]bf/lk] \$ cfkngf] kblo st]osf]kfng gu/\$f] zf/l/s jf dfgl; s sf/Ofn]sfo{; Dkfbg ug{ c; dy{ePsf] Gofodf ljrlnt ePsf] eGg] cfwf/df kbdQm ug] egl Gofokl/ib]sf]lgOf]adff]hd k]wfgGofowlzaf6 kbdQm ePdf, o; v08adff]hd cf/flk nfu\$]kg/fj]hg cbfnt tyf lhNnf cbfntsf] Gofowlznf0{cfkngf]; krf0 k] ug{dgf; a d]sf lb0g\$ / ; f]kof]hgsf] nflu lgh; E aofg lng, kdfOf ; lng ug{/ /fo; lxtsf]kl]tj]hg k] ug{ Gofokl/ib]h]hfFaem ; ldtsf]u7g ug{; Sg\$. ; f]; ldtsf]sfo]lw sfggaf/f lgwf/t xg\$. -3_ lghsf]d[o' ePdf !!_ pkwf/f -!)_ sf]v08 -u_ adff]hd sf/afxl k]/De ePk15 ; f]sf/afx]sf] 6E]gnfu]Dd cf/flk nfu\$]To:tf]kg/fj]hg cbfnt tyf lhNnf cbfntsf] Gofowlzn]cfkngf]kbsf]sfo{ug]5g . -!@_ wf/f !)(sf]pkwf/f -!_ adff]hd Gofowlzx;sf]lgolQmubf{</p>	<p>• l; 8fsf]wf/f @ / # cg; k dlxnflj 4 xg]; a}e]hefj sf]</p>

qm# ; +	g fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj:yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/Of
		sDtldf krf; k tzt dlnf lgoQmugk g .	<p>cGtosf nflu dlnf / k?if ; dfgtfsf]l; 4fGtnf0{cfk ngf] b?sf]; ljwfgdf ; dfj z ug\$; fy)cGto sfgg sbdx_ r ngkg /fhosf]b otj ePsf]h].</p> <ul style="list-style-type: none"> • l; 8sf] wf/f & cg?k dlnfpk/ /fhgllts tyf cGto e efj lgdh ug{ dh\$sf] /fhgllts tyf ; fj h gs hljgdf dlnflj?4sf] e efj p dhg ug / k?if; /x dlnfnf0{a/fa/l\$]cfwf/df ; /sf/l glt lgdffdf tyf sfof] ogdf ; l/s xg] ; fj h gs kb wf/Of ug{Pj +; a} ; /sf/l txx_ df xg] lqofsnfk ; Dkfbg ug clwsf/ k fg ug /fhosf]cGt/f 6@ b otj ePsf]h]. <p>gful/s tyf /fhgllts clwsf/ ljifos ; @Om /fi6_3to cga wsf] wf/f @^ cg?k ljgfe efj ; dfg k t glw]sf] sf g af/ ; /l ft ug k ta4tf k/f ug k ePsf]h].</p>
wf/f !!#		<p>Gofokl/ fb\ -!_ o; ; ljwfgadfl]nd Gofofwlz_x]sf]lgoQm ; ?j f, cgzf; g; DaGwl sf/afxl, avf{L / Gofokzf; g; DaGwl cGto s/fx_x]sf] l; krf /; ug{j f k/fdz{lbG Ppof Gofokl/ fbVxg\$ h; df b]foadfl]nd clw f / ; b:ox_ xg]\$g </p> <p>-s_ k wfgGofofwlz - clw f</p> <p>-v_ GofodGql</p> <p>-u_ g kfn af/ P; flj; P; gsf]l; krf /; df k wfgGofofwlz_af/f lgoQm j /i7 clwjQnf jf sDtldf al; jif\$] cgej k kt clwjQnf</p> <p>- ; b:o</p> <p>wf/f !!# sf]pkwf/f -!_ sf]-Uf_ -3_ df b]foadfl]nd ; zfv]g ul/Psf] 5 M</p> <p>u_ g kfn af/ P; flj; P; gsf]l; krf /; df k wfgGofofwlz_af/f lgoQm j /i7 clwjQnf jf sDtldf a; jif\$]cgej k kt clwjQnf w Pshgf dlnf / Pshgf k?if u/l b0hgf - ; b:o</p>	<ul style="list-style-type: none"> •
(efu !!		

qm# ; +	g[kfnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj :yf	; zfvlg[sf]sf/0f
	cIVtof/ b; kofu cg; Gwfg cfofu		
wf/f !! (<p>gofF; ljwfgdf Joj :yf ePadf]hd</p> <p>-@_ /fi6wblfn] ; jwfgs kl/ifbsf] l; knf//; df kdv cfoQm / c6o cfoQm; sf]lgolQm ug\$.</p> <p>wf/f !! (sf]pkwf/f -@_ df b]foadfl]hd yk ul/Psf]5M</p> <p>-@_ o; /l lgoQmubf{sDtldf krf; kltzt dlxf lgoQmug[kg\$</p> <p>#_ pkwf/f -&_ sf]kltawfTds jSofzsf]v08 -s_ sf]cwlgdf</p> <p>/xl kdv cfoQm/ c6o cfoQm; sf]kbj lw lgoQmsf]ldlt^n]5</p> <p>jif\$]xg\$.</p> <p>t/-</p> <p>-s_ ; f]kbj lw k'f xg' cufj }kdv cfoQm jf cfoQmsf]pd] k}6XL jif{ k'f ePdf lgh cfknf]k bdf axfn /xg]5gM .</p> <p>-v_ kdv cfoQm / cfoQmf0{ ; j]r cbfntsf] GofofwLz; /x ; dfg cfwf/df / ; dfg tl/sfn]; f]kba6 x6fpg ; lsg\$.</p> <p>-\$_ b]fosf cj :ydf kdv cfoQm jf cfoQmsf]kb l/Qm ePsf]df lgg\$ M-</p> <p>-s_ lghn]/fi6wblf; dl lnlvt /fhlgdf lbPdf,</p> <p>-v_ pkwf/f #_ adfl]hd lghsf]kbj lw k'f ePdf jf lgh cfknf]k bdf g/xdf,</p> <p>-u_ lghsf]d[0' ePdf</p> <p>-%_ b]foadfl]hdsf]of]otf ge0{sg}JolQm kdv cfoQm jf cfoQmsf]k bdf lgoQmsf]nflu of]o xg]5gM</p> <p>-s_ gkn ; /sf/af/f dfotf klt lj Zj lj Bfnoaf6 :gftsflw klt u/\$f]</p> <p>-v_ lgoQm xbsf avt sg]/fhgllts bnsf]; b:o g/x\$]</p> <p>-u_ n]f, /h:j, Olghlgol/a, sfqg, lj sf; jf cg; Gwfgsf]l]gdf sDtldf</p>	<ul style="list-style-type: none"> • l; 8fsf]wf/f @ / # cg; k dlxfnj 4 xg]; a}eDefj sf] cGtosf nflu dlxfn / k?if ; dfgtfsf]l; 4f6tnf0{cfknf] b]zsf]; ljwfgdf ; dfj z ug\$; fy)c6o sfgg] sbdx; rfnlgkg]/fhosf]bflotj ePsf]h]. • l; 8fsf]wf/f & cg; k dlxfnpk/ /fhgllts tyf c6o eDefj lgdh ug{ dhssf] /fhgllts tyf ; fj hlgS hljgdf dlxfnj?4sf] eDefj p6dhg ug{/ k?if; /x dlxfnf0{a/fa/l sf] cfwf/df ; /sf/l glt lgdffdf tyf sfotj ogdf ; l/s xg] ; fj hlgS kb wf/0f ug{Pj +; a} ; /sf/l txx; df xg] lqofsnfk ; Dkfbg ug] clwsf/ kdfg ug]/fhosf]cGt/f]6e bflotj ePsf]h]. • gful/s tyf /fhgllts clwsf/ lj ifos ; eQm /fi6w 3lo cga6wsf]wf/f @^ cg; k lj gfeDefj ; dfg kltlgw]sf] sfggaf/f ; /lft ug]klt4tf k'f ug[kg]ePsf]h].

qm# ; +	g{kfnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj:yf	; zfvlg]sf/0f
		<p>al; j if{sfu u/l cgej / Vofit k{t u/\$f]</p> <p>-3_ k{fnl; j if{pd] k{f ePsf]/</p> <p>-^_ pRr g]ts rl/q sfod ePsf].</p> <p>-^_ k{v cfoQm / cfoQmsf] kfl/>lds / ;]fsf cGo ; t{x} sfggaf/f lgwf{0f ePadf]hd xg\$g\ k{v cfoQm / cfoQm cfknyf] kbdf axfn /x] Dd lghnf0{dsf{kg]u/l kfl/>lds / ;]fsf cGo ; t{x} abing]5g\</p> <p>-&_ k{v cfoQm jf cfoQm e0; s\$]JolQm cGo ; /sf/L ;]fdf lgoQm xgsf] lgldQ uf{x} xg]5g .</p> <p>t/ -</p> <p>-s_ clvtof/ b{ kof]u cg; Gwfg cfof]sf]cfoQmf0{k{v cfoQmsf]kbdf lgoQm ug{o; pkwf/fn]afwf k{ofPsf]df]gg]5g / ; fad]hd sg}cfoQm k{v cfoQmsf]kbdf lgoQm ePsf]df lghsf] kb] lwsf] u0fgf ubf{cfoQm ePsf]cj lwnf0{; d] hf\$] u0fgf ul/g\$.</p> <p>-v_ sg)/fhg]ts kbdf jf sg]j ifosf]cg; Gwfg, hfFaem jf 5fglag ug] jf sg]j ifosf]cllbog jf cg]j]of u/L /fo, dGtJo jf l; kml/; k] ug]sg] kbdf lgoQm e0{sfu ug{o; pkwf/fdf n]vPsf]sg}s/fn]afwf k{ofPsf] df]gg]5g .</p>	
!))	<p>efu !#</p> <p><u>nf\$;]f cfof]u</u></p>		
	<p>wf/f !@%</p>	<p><u>nf\$;]f cfof]u</u> -!_ g{kfndf Ps nf\$;]f cfof]u xg\$ h; df clwlf / cfjZostf cg;f/ cGo ; b:ox{ /xg\$g\ gofF ; ljwfgdf Joj:yf ePadf]hd</p> <p>-@_ /fi6]w]fn]; jw]lgs kl/ib\$]l; kml/; df nf\$;]f cfof]u sf clwlf / ; b:ox{sf]lgolQm ug\$.</p> <p>wf/f !@% sf]pkwf/f -@_ df b]foadf]hd yk ul/Psf]5 M</p> <p>-@_ o; /L lgoQm ubf{ sDtdf krf; k]tzt dlxfn lgoQm</p>	<ul style="list-style-type: none"> • l; 8sf] wf/f @ / # cg{k dlxfn] 4 xg]; a}e]hef] sf] cG]osf nflu dlxfn / k?if ; dfgtfs]l; 4fGtnf0{cfknyf] b}sf]; ljwfgdf ; dfj } ug\$; fy}cGo sfggl sbdx{ rfl]kg]f]f]osf]b]o]j ePsf]h]. • l; 8sf] wf/f & cg{k dlxfn]pk/ /fhg]ts tyf cGo

qm# ; +	g fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
		<p>ugkg\$.</p> <p>#_ nf\$; jf cfof]sf ; b:ox; dWb]sDtldf krf; kl tzt ; b:ox; al; j if{jf ; f]eGbf a9L cj lw; Dd sg}; /sf/L ; j]fdf /x\$JolQmx; dWb]af6 / af\$L ; b:ox; lj 1fg, klj lw, snf, ; flxTo, sfgg, hgkzf; g, ; dfhzf:q jf /fi6@ hljgsf c6o lf]df zfv, cg; Gwfg, cl]b]kg jf c6o sg} dxTj kOf{sfou/L Vofltkf]t u/\$f JolQmx; dWb]af6 lgoQm xg\$g\</p> <p>gofF, ljwfgdf Joj :yf ePadf]hd</p> <p>-\$_ pkwf/f -*_ sf]kl]taGw]Tds j fSofZsf]v08 -s_ sf]clwgd /xl nf\$; jf cfof]sf] cl]b]f / ; b:osf] kb]j lw lgoQm ePsf] ldltn]5 j if\$] xg\$.</p> <p>t/-</p> <p>-s_ ; f]kb]j lw k/f xg cufj }nf\$; jf cfof]sf] cl]b]f jf ; b:osf]pd] k}6XL j if{k/f ePdf lgh cfk]f]kbdf axfn /xg]5g .</p> <p>-v_ nf\$; jf cfof]sf]cl]b]f / ; b:onf0{; j]r cbfntsf]GofofwLz; /x ; dfg cfw/d / ; dfg tl/sfn]; f]kbaf6 x6fpg ; lsg\$.</p> <p>-%_ b]fosf cj :ydf nf\$; jf cfof]sf]cl]b]f jf ; b:osf]kb l/Qm ePsf] df]gg\$M-</p> <p>-s_ lghn]/fi6Wb]f; dl]f ln]vt /fhlgdf lbPdf,</p>	<p>e]efj lgdh ug{ dh\$sf] /fhgl]ts tyf ; fj]h]gs hljgdf dlxnf]j?4sf] e]efj p6dhg ug] / k?if; /x dlxnf]f0{a/fa/l\$]cfw/d / ; /sf/L gl]t lgd]f]df tyf sf]ogdf ; l/s xg]; fj]h]gs kb wf/Of ug{Pj +; a} ; /sf/L txx;df xg] lqmf]snfk ; Dkfbg ug] clw\$ / k]b]g ug] /fhosf]c]t /fi6@ b]loTj ePsf]h].</p> <ul style="list-style-type: none"> • gful/s tyf /fhgl]ts clw\$ / lj ifos ; eQm /fi6; 3lo cg]Gw\$]wf/f @^ cg; k lagfe]efj ; dfg kl]tlg]w]j sf] sf]gg]f / ; /l]ft ug]kl]ta4tf k/f ug]kg]ePsf]h].

qm# ; +	g]fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/Of
	wf/f !@*	<p>lgjffg cfoQm-!_ g]kndf Ps lgjffg cfoQm xg\$ h; df kdv lgjffg cfoQm / cfo rf/ hgf; Dd lgjffg cfoQm; /xg\$g\ kdv lgjffg cfoQmsf clt/Qm cfo lgjffg cfoQm lgoQm ePdf kdv lgjffg cfoQm] lgjffg cfoQmsf]clb]f e0{sfu ug\$. gofF; ljwfgdf Joj :yf ePadf]hd</p> <p>-@_ /fi6Wolfn] ; jw]lgs kl/ibsf] l; knl/; df kdv lgjffg cfoQm / lgjffg cfoQmsf]lgolQm ug\$.</p> <p>wf/f !@* sf]pkwf/f -@_ df b]foadf]hd yk ul/Psf]5 M</p> <p>-@_ o; /l lgoQm ubf{ sDtdf krf; kltzt dlxf lgoQm ug\$.</p> <p>_ pkwf/f -&_ sf]kl]ta6w]tds j]SofEsf]v08 -s_ sf]cwlqdf /xl kdv lgjffg cfoQm / lgjffg cfoQmsf]kbj]lw lgoQm ePsf]ldlt]5 jif\$] xg\$.</p> <p>t/-</p> <p>-s_ ; f]kbj]wl k/f xg' cufj }kdv lgjffg cfoQm jf lgjffg cfoQmsf] pd] k} 7Nj if{k/f ePdf lgh ckn]f]kbdf axfn /xg]5g .</p> <p>-v_ kdv lgjffg cfoQm / lgjffg cfoQmf0{ ; j]r cbfntsf] GofofwLz; /x ; dfg cfwf/df / ; dfg tl/sfn]; f]kba6 x6fpg ; lsg\$.</p> <p>-\$_ b]fosf]cj :yfdf kdv lgjffg cfoQm / cfoQmsf] kb l/Qm ePsf] dflgg\$ M-</p> <p>-s_ lghn]/fi6Wolfn] ; dl] ln]vt /fhlgdf lbPdf,</p> <p>-v_ pkwf/f #_ adf]hd lghsf]kbj]lw k/f ePdf jf lgh ckn]f]kbdf g/xdf /</p> <p>-u_ lghsf]d[o' ePdf .</p> <p>-%_ b]foadf]hd ge0{sg}JolQm kdv lgjffg cfoQm / cfoQmsf]kbdf lgoQmsf]nflu of]o xg]5g M-</p> <p>-s_ g]kn ; /sf/af6 dfotf k]t ljZj]Bfnoaf6 :gftsf]flw k]t u/\$f]</p>	<ul style="list-style-type: none"> • l; 8sf]wf/f @ / # cg'k dlxf]4 xg]; a}e]efj sf] cG]osf nflu dlxf / k?if ; dfgtsf]l; 4f]tnf0{cfkn]f] b]zsf]; ljwfgdf ; dfj z ug\$; fy}cfo sf]gl sbdx; r]l]gkg]/fhosf]b]lo]j ePsf]h]. • l; 8sf]wf/f & cg'k dlxfpk/ /fhgl]ts tyf cfo e]efj lgd] ug{ dh]sf]/fhgl]ts tyf ; fj]lgs hljgdf dlxf]4sf] e]efj p]d]hg ug] / k?if; /x dlxfnf0{a/fa/l]sf]cfw]/df ; /sf/l glt lgd]df tyf sf]ogdf ; /s xg]; fj]lgs kb wf/Of ug{Pj +; a} ; /sf/l txx;df xg] lqofsnfk ; Dkfbg ug] clwsf/ k]fg ug]/fhosf]cG]t/f]6 b]lo]j ePsf]h]. <p>gful/s tyf /fhgl]ts clwsf/ ljifos ; eQm /fi6x3lo cga6wsf] wf/f @^ cg'k lagfe]efj ; dfg kl]t]glw]sf] sf]ggaf/ ; /l]ft ug]kl]ta4tf k/f ug]g]ePsf]h].</p>

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/0f
		<p>-v_ lgoQm xBsf j vt sg}/fhgllts bnsf]; b:o g/x\$fl]</p> <p>-u_ k}fnl; j if{pd} k'f ePsf]/</p> <p>-3_ pRr g}ts r/q sfod ePsf].</p> <p>-^_ k}v lgj ffg cfoQm / cfoQmsf]kfl/>lds / ;]fsf cGo ; t{sfggaf/f lgwf{0f ePadf]hd xg}5g\ k}v lgj ffg cfoQm / cfoQm cfkngf]k}bdf axfn /x}Dd lghx;nf0{dsf{k}u/l kfl/>lds / ;]fsf cGo ; t}c ablng]5g}gofF, ljwfgdf Joj :yf ePadf]hd</p> <p>-&_ k}v lgj ffg cfoQm / lgj ffg cfoQm e0; s\$fl]JolQm cGo ; /sf/l ;]fdf lgoQm xgsf]lgldQ uf}x}xg]5g} .</p> <p>t/-</p> <p>-s_ lgj ffg cfoQmf0{k}v lgj ffg cfoQmf lgoQm ug{o; pkwf/fn] afwf k}ofPsf]dfgg]5g} / ; f}adf]hd sg}cfoQm k}v cfoQmsf] k}bdf lgoQm ePdf lghsf] kbjlwsf] u0fgf ubf{ cfoQm ePsf] cj lwnf0{; d} hf}L u0fgf ul/g\$.</p> <p>-v_ sg}/fhgllts k}bdf jf sg}lj ifosf]cg; }wfg, hfFaem jf 5fglag ug}lj f sg}lj ifosf]cllbog jf cg}j}of u/l /fo, d}tJo jf l; k}ll/; k} ug}sg}k}bdf lgoQme0{sfd ug{o; pkwf/fdf n}vPsf]sg}sf/fn}afwf k}ofPsf]dfgg]5g}</p>	

qm# ; +	g[kfnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj:yf	; zfvlg[sf]sf/Of
!@	efu !% /fli6@ dfgj clwsf/ cfoflj		
	wf/f !#!	<p>/fli6@ dfgj clwsf/ cfofljM -!_ g[kfndf Ps /fli6@ dfgj clwsf/ cfoflj xg\$ h; df bxfoadf]ndsf clwlf / ; b:ox; /xg\$gM</p> <p>s_ dfgj clwsf/sf] ; Af0f / ; j4@sf] lfgdf lj lzi6 ofubfg kfofPsf ; jfr cbfntsf] kwfg Gofowlz jf Gofowlz kbaf6 ; jf lqj Q JolQm jf dfgj clwsf/sf] ; Af0f / ; j4@ jf ; dfh; jfsf lfgdf lqmfzln /xl lj lzi6 ofubfg kfofPsf Vofltkkt JolQm; dWbaf6 Pshgf -clwlf</p> <p>-v_ dfgj clwsf/sf] ; Af0f / ; j4@ jf ; dfh; jfsf lfgdf lqmfzln /xl lj lzi6 ofubfg kfofPsf Vofltkkt JolQm; dWbaf6 rf/hgf - ; b:o</p> <p>@ /fli6@ dfgj clwsf/ cfoflj]clwlf / ; b:osf]lgolQm ubf{dlxnf; lxt lj lj wtf sfod ugkg\$.</p> <p>#_ /fi6@lfn]; jwflgs kl/ifs]l; knl/; df /fli6@ dfgj clwsf/ cfoflj]sf clwlf / ; b:osf]lgolQm ug\$.</p> <p>wf/f !#! sf]pkw/f -#_ df bxfoadf]nd yk ul/Psf]5 M</p> <p>-#_ o; /L lgolQmubf{sdtdf krf; kltzt dlxnf ugkg\$.</p> <p>-\$_ /fli6@ dfgj clwsf/ cfoflj]clwlf / ; b:osf]kbj lw lgolQmePsf] ldltn]^ j if\$]xg\$.</p> <p>t/ /fli6@ dfgj clwsf/ cfoflj]sf clwlf / ; b:onf0{ ; jfr cbfntsf]Gofowlz ; /x ; dfg cfw/df ; dfg tl/sfn]; jkbaf6 x6fpg ; lsg\$.</p> <p>-%_ bxfosf]cj :yfdf /fli6@ dfgj clwsf/ cfoflj]sf clwlf jf ; b:osf]kb l/QmePsf]dfgg\$M</p> <p>-s_ lghn]/fi6@lfn]; dl lnlvt /fhlgdf lbPdf</p>	<ul style="list-style-type: none"> • l; 8sf]wf/f @ / # cg;k dlxnlj 4 xg]; a}eDefj sf] cGtosf nflu dlxnf / k?if ; dfgtfsf]l; 4ftnf0{cfknyf] bzsf]; ljwfgdf ; dfj z ug\$; fy}c6o sfgg] sbdx; rflngkg]/fhosf]bflotj ePsf]h]. • l; 8sf]wf/f & cg;k dlxnfpk/ /fhglts tyf c6o eDefj lgdh ug{ dh\$sf] /fhglts tyf ; fj hlg hljgdf dlxnlj ?4sf] eDefj p6dhg ug/ / k?if; /x dlxnf0{a/fa/l\$]cfw/df ; /sf/l glt lgdffdf tyf sfotj ogdf ; l/s xg]; fj hlg kb wf/Of ug{Pj +; a} ; /sf/l txx;df xg] lqmfsnk ; Dkfbg ug] clwsf/

qm# ; +	gkfnscgtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj :yf	; zfvlg sf]sf/Of
		<p>-v_ pkwf/f -\$_ adf]hd lghsf] kbfi lw k'f ePdf jf lgh cfkngf] kbdf g/xdf /</p> <p>-u_ lghsf]d[o'ePdf .</p> <p>^_ bxfoadf]hdsf] of]otf ge0{sg}JolQm /fli6@ dfgj clwsf/ cfof]sf] clwlf jf ; b:o lgoQm xg of]o xg]5g\</p> <p>-s_ gkfn ; /sf/af6 dfgotfk]t lj Zj lj Bfnoaf6 :gfQsf]flw xfl; n u/\$f]</p> <p>-v_ pRr g]ts rl/q sfod ePsf].</p> <p>-&_ /fli6@ dfgj clwsf/ cfof]sf] clwlf / ; b:osf]kfl/>lds / ;]fsf cfo ; tx_ sfggaf/f lgwf(Of ePadf]hd xg5 . /fli6@ dfgj clwsf/ cfof]sf] clwlf / ; b:o cfkngf] kbdf axfn /x] Dd lghx_ nf0{ dsf{ kg] u/l kfl/>lds / ;]fsf ; tx_ ablng]5g\</p> <p>-*_ /fli6@ dfgj clwsf/ cfof]sf] clwlf / ; b:o e} s\$] JolQm cfo ; /sf/L ;]fdf lgoQm xgsf]nflu uf]o xg5g .</p> <p>t/ sg}/fhgllts kbdf jf sg}j ifosf]cg' Gwfg, hfFaem jf 5fglag ug]jf To:tf]JolQmsf]clwbog jf cg] ifof u/L /fo, dgtJo jf l; knfl/; k] ug]sg}kbdf lgoQm e0{sf]d ug{o; pkwf/fdf n]vPsf]sg}s/fn]afwf dflgg]5g .</p>	<p>kofg ug]/fhosf]cgt/fli6@ bflotj ePsfh].</p> <ul style="list-style-type: none"> • gful/s tyf /fhgllts clwsf/ lj ifos ; eQm /fi6x3lo cga6wsf]wf/f @^ cg'k lagfede]efj ; dfg kl]tlglw]j sf] sfggaf/f ; /lft ug]kl]ta4tf k'f ug]kg]ePsfh].
	<p>Effu !%kl5 efu !^ yk u/L /fli6@ dlxnf cfof] ; Dj Gwl Joj :yf yk ul/Psf]</p>		
!#		/fli6@ dlxnf cfof] M -!_ gkfn]df Ps /fli6@ dlxnf cfof] xg5 h; df bxfoadf]hdsf] clwlf / ; b:ox_ /xg]5g\	

qm# ; +	g]fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/Of
		<p>-s_ dlxfn xs clwsf/ tyf n]Es Gofosf]; AfOf / ; j4g jf ; dfh ;]fsf lfgdf lqmfzln /xl Vofltk]t dlxfn dWb]f6 Pshgf - clb]f</p> <p>-v_ ; b:ox; df sfgg, hg kzf; g, ; dfhzf:q, /fhgltzf:q jf /fli6@ h]jgsf cGo lfgdf zfv], cg' Gwfg, clb]fkg sfo{u/l Vofltk]t u/\$f JolQm; dWb]f6 sDtdf tlghgf dlxfn, Pshgf t] f]InE], Ps hg ckfE; lxt ^ hgf - ; b:o</p> <p>@_ /fi6@]b]fn]; jw]f]gs kl/ifbsf]l; km]l/; df /fli6@ dlxfn cfof]usf]clb]f / ; b:osf]lgolQm ug\$.</p> <p>#_ /fli6@ dlxfn cfof]usf]clb]f / ; b:osf]kb]f lw lgo]Qm ePsf]ldltn]5 j if\$]xg\$.</p> <p>t/ /fli6@ dlxfn cfof]usf] clb]f / ; b:onf0{; j f]r cbfntsf]GofofwLz ; /x ; dfg cwf/df / ; dfg tl/sfn]; f]kbaf6 x6fpg ; lsg\$.</p> <p>-\$_ b]xfosf]cj:yfdf /fli6@ dlxfn cfof]usf] clb]f jf ; b:osf]kb l/Qm ePsf]df]gg\$ M-</p> <p>-s_ lghn]/fi6k]t; dl] Inlvt /flhgdf lbPdf,</p> <p>-v_ pkwf/f # adf]nd lghsf] kb]f lw k/f ePdf jf lgh cfk]yf]kbdf g/xdf,</p> <p>-u_ lghsf]d]o' ePdf,</p> <p>-%_ b]xfoadf]ndsf]of]o]tf ge0{sg}JolQm /fli6@ dlxfn cfof]usf]clb]f jf ; b:o lgo]Qm xg of]o xg]5g M-</p> <p>-s_ g]fn ; /sf/af6 dfotf k]t lj Zj lj Bfnoaf6 :gftsfQ/ xfl; n u/\$f]</p> <p>-v_ pRr g]ts rl/q sfod ePsf]</p> <p>^_ /fli6@ dlxfn cfof]usf] clb]f / ; b:osf]k]l/>lds / ;]fsf cGo ; t]z sfgg]f/f lgwf]of ePdf]nd xg\$. /fli6@ dlxfn cfof]usf] clb]f</p>	

qm# ; +	g fnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj :yf	; zfvlg]sf/Of
		<p>/; b:o cfknyf]k bdf axfn /x] Dd lghx;nf0{dsf{kg[u/l kfl/>lds / ;]fsf ; tx; ablng]5gg\</p> <p>&_ /fli6@ dlxnf cfof]sf cWbLf / ; b:o e0; s\$]JolQm cGo ; /sf/L ;]fdf lgoQm xgsf]nflu uf x\ xg]5g .</p> <p>t/ sg} /fhgllts kbdf jf sg} lj ifosf] cg; Gwfg, hfFaem jf 5fglag ug] jf To: tf] lj ifosf] cWbog jf cg] fof u/L /fo, dGtJo jf l; kmf/; k] ug] sg} kbdf lgoQm e0{sf d ug{o; pkwf/fdf n]vPsf] sg} s/fn]afwf k%ofPsf] dflgg]5g .</p> <p>wf/f !#@ v /fli6@ dlxnf cfof]sf] sfd, st{fo / clwsf/ M!_ dlxnf clwsf/sf] ; Ddfg, ; Af0f / ; j4g tyf To; sf] kef]sf/L sfoffj ognf0{; lglZrt ug{/fli6@ dlxnf cfof]sf] st{fo xg} .</p> <p>-@_ pkwf/f -!_ df pNn]vt st{fo k/f ug]sf nflu /fli6@ dlxnf cfof]n] bxfosf sfd ug]M</p> <p>-s_ sg} klg dlxnf jf t] f] lnElsf] dfgj clwsf/ pNn3g, n]Estfsf] cfwf/df ul/g] lx;f, ofg b/frf/, 3/n' lx;f, dg; fo/lxt sg} klg sf/Ofn] dlxnf dly xg] lx;f jf To: tf] b?I; fvg ePsf] egl klI8t JolQm cfknyf] lghsf] tkmf6 s; n] cfof] ; dlf k tt jf klft u/\$f] lgj dg jf ph/L jf sg}; ftaf6 cfof]nf0{k kt ePsf] hfgsf/L jf cfof]sf] cfkny} ; jljz\$df To; sf] 5fglag tyf cg; Gwfg u/L bfi]lpk/ lfitkl't{lxt sf/afxl ug}; kmf/; ug]</p> <p>-v_ dlxnf dfgj clwsf/sf] pNn3g xgaf6 /f\$g] lhDd] f/L jf st{fo ePsf] kbflwsf/Ln] cfknyf] lhDd] f/L k/f gu/df jf st{fo kngf gu/df jf lhDd] f/L k/f ug{ jf st{fo kngf ug{ pbf; lgtf b]vPdf To: tf] kbflwsf/Lpk/ lj efulo sf/afxl ug}; DalGwt clwsf/L; dlf l; kmf/; ug]</p> <p>-u_ dlxnf dfgj clwsf/ pNn3g ug] JolQmsf lj?4 d2f rnfpgkg] cfj Zostf ePdf sfggadfi]nd cbfntdf d2f bfo/ ug}; kmf/; ug]</p> <p>-3_ dlxnf dfgj clwsf/sf]; r]gf clej [4 ug{gful/s ; dfh; # ; dgj o / ; xsfo{ug]</p> <p>-a_ dlxnf dfgj clwsf/sf] pNn3gstffnf0] j efulo sf/afxl tyf ; hfo ug{sf/Of / cfwf/ vhf0{; DalGwt lgsfo; dlf l; kmf/; ug]</p>	<ul style="list-style-type: none"> • dlxnf x;sf] ; jf] lOf lj sf; sf] nflu dlxnf ju]nf0{ jf: tlj s ; dfgtf kbfg u/L dlxnf lj?4sf] xg] ; a) ksf/sf] eDefj sf] cGto u/L GofO / n]Es ; dfgtfd cfwf/t ; dfhsf] ; hgsf ; fy} dlxnf lj sf; sf ; du klfd g] n]Es dhk]fxls/Of ug{ ckl/xfo{ ePsf] /fli6@ dlxnf cfof]nf0{; jwflgs cwsf] ; kdf Joj :yf u/L dlxnf dfgj clwsf/sf]; jwflgs k]ofel'tsf]; zQm sfoffj og ug] k]ePsf] . • l; 8fsf] wf/f @ -u_ cg; k klf/fi6x;n] dlxnf sf] clwsf/x;sf] sfggl ; Af0fsf] Joj :yf ug] tyf dlxnf pk/ sg} klg eDefj kOf{sf d xg glbg ; lfd /fli6@ lgsfo; uf7g ug] kl]ta4tf JoQm u/\$f]

qm# ; +	g]kfn]c]t/d ; l]wfg @)^#	x]n l]Bdfg Joj :yf ÷ ; z]v]g tyf yk ul/Psf] Joj :yf	; z]v]gsf]sf/0f
		<p>r_ dlxnf dfgj clwsf/lj?4sf k]lnt kyf k/Dk/f tyf sfgbx]sf] cfj lws]kdf k]f]nf]sg ug] tyf to; df ug]k]g] ; w]f/ tyf ; z]v]gsf ; Da]wdf g]kfn ; /sf/; dl]f l; k]m]l/; ug]</p> <p>-5_ dlxnf dfgj clwsf/; u ; Da]l]wt c]t/f]i6@ ; l]w j f ; Dem]f]sf]g]kfn k]f a]g]k]g]e]p]df to; s]f]sf/0f; l]x]t g]kfn ; /sf/nf0{l; k]m]l/; ug] k]f alg; s]s]f ; l]w j f ; Dem]f]sf]s]fof] og e]p j f ge]Psf]c]gludg u/l s]fof] og ge]Psf]k]f]0]p]df ; f]s]f]s]fof] og ug]g]kfn ; /sf/; dl] l; k]m]l/; ug]</p> <p>-h_ dlxnf dfgj clwsf/sf]p]n]3]gsf ; Da]wdf c]fof]un]u/]s]f]l; k]m]l/; j f l]g]b]z]g k]fng] j f s]fof] og g]u]g]k]b]f]l]ws]f/l, Jol]Qm j f l]gs]fos]f]g]fd s]fg]g]ad]f]hd ; f]j]h]l]gs u/l dlxnf clwsf/ p]n]3]gst]f]s]f]kdf clen]y ug]</p> <p>#_ /f]i6@ dlxnf c]fof]un]c]f]k]n]f]s]fo{; D]k]f]bg ub]f]j]f st]o k]fng] ub]f] b]x]fos]f]clwsf/ k]f]u ug]; S]g]5]M</p> <p>-s_ dlxnf dfgj clwsf/lj?4sf]ph/lx] ; s]ng]sf n]flu c]fof]u]df 5}] x]l]k]n]f]0]g 8}]s :yf]k]g] ug]/ ph/]l]st]f]k]n]f]0{k/]dz{; j]f k]b]fg ug]s]f ; fy} d2]f]s]f]kdf cb]f]nt; D]d n]h]f]g]s]fo{ug]</p> <p>-v_ s]g}Jol]Qm]nf]0{c]fof]u; dl]f p]k]l:yt u/]f]0{h]f]gs]f/l j f aof]g l]ng]j]f ask]q u/]p]g] k]d]f]of a]g] b]z]l k]d]f]of b]f]l]v]n]f ug]{nuf]p]g]; Da]wdf cb]f]nt]nf]0{e]p ; /x]s]f]clwsf/ k]f]u ug]</p> <p>-u_ dlxnf dfgj clwsf/sf]u]d]el/ p]n]3]g x]g n]fu]s]f]j]f e0; s]s]f]; f]g]f</p> <p>c]fof]un]s]g}l]s]; daf]6 k]f]t u/]d]f s]g}Jol]Qm j f l]gh]s]f]c]j]f; j f s]fof]f]od]f lag]f; f]g]f k]j]z ug]v]f]g]t]n]f; l l]ng]tyf to; /l v]f]g]t]n]f; l l]n]b]f dlxnf dfgj clwsf/sf]p]n]3]g; u ; Da]l]wt l]n]v]t, k]d]f]of j f ; ab</p>	

qm# ; +	gkfnsf]cGtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj :yf	; zfv]gsf]sf/0f
		sAhfdf lng] -3_ kl8t JolQmf0{sfggadfl]hd lfltkl't{lbg]Joj :yfsf ; fy}sfggdf Joj :yf ePadfl]hd c6o clwsf/sf]kpf] / st.[osf]kfngf ug[j]f u/fpg].	

qm# ; +	g]fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfv]g tyf yk ul/Psf] Joj:yf	; zfv]gsf]sf/Of
!\$	efu !* /fhgllts bnx;		
	wf/f !\$@	<p>/fhgllts bnsf] ; kdf lgjff{gsf]nflu dffotf k]kt ug{btf{u/fpgkg]M- !_ lgjff{gsf]koffhgsf]nflu lgjff{g cfof]af6 dffotf k]kt ug{rfxg] k]to\$ /fhgllts bnn]lgjff{g cfof]af/f lgwf{Of ul/Psf]sfolj lw k/f u/L lgjff{g cfof]udf btf{ u/fpgkg] . o; cg; f/ btf{ gugI /fhgllts bnx; sf]gfd lgjff{g cfof]sf]; Fla6 x6f0g\$ eGg]Joj :yfnf0{ oyfj t\ /flvPsf]5 .</p> <p>wf/f !\$@ sf]pkwf/f -!_ kl5 b]foadfl]nd pkwf/f -!s_ / -!_-v_ yk ul/Psf]5 #</p> <p>-!s_ k]to\$ /fhgllts bnn] c]k]kf] :yfglo:t/sf] ; u7gb]v s]b]lo:t/sf] ; u7g; Dddf sDtdf krf; k]tzt dlxnsf] k]t]lgwTj u/fpgkg] . o; /L k]t]lgwTj u/fpbf Psn dlxnf, blnt, cflbaf; l hghft, dw]L, c]k]Etf ePsf AolQmk5f18 kfl/Psf]lfg / dl:nd, l; d]Gts] , c]nk; Vos, t}f] lnEl , of]cledlvs/Of, ; d]sf]lj]jwtf sfod ug]kg] .</p> <p>-!v_o; /L krf; k]tzt dlxnf k]t]lgwTj gu/fPsf]/fhgllts bnnf0{lgjff{g cfof]n]btf{ug]5g .</p> <p>@_ pkwf/f -!_ adfl]nd btf\$]nflu lgj]g btf{ubf{k]tfj btf{ug{ ul/Psf]/fhgllts bnsf]ljwfg, 3f]f]offkq / lgodfjnl k} u/L c]o s/f]sf]c]tl/Om b]fosf]lj j /Of vhfpg' kg]M-s_ /fhgllts bnsf] gfd / To; sf]k]wfg sfoff]o /xg]7]wfgf,</p> <p>-v_ /fhgllts bnsf]sfo\$fl/Of ; ldlit jf ; f]; /xsf ; ldltsf ; b:o tyf c]o kbflwsf/l]sf]gfd / 7]wfgf,</p> <p>-u_ /fhgllts bnsf]cfo; ff]sf]sf]f / ; f]h6fpg]; ff]sf]lj j /Of .</p> <p>#_ pkwf/f -!_ adfl]nd btf\$]nflu lgj]g lbbf sg} klg /fhgllts bnn]b]fosf ; t} k/f u/\$f]xgkg]M</p>	<ul style="list-style-type: none"> • l; 8fsf] wf/f @ / # cg; k dlxnflj 4 xg] ; a) e]efj sf] c]Gosf nflu dlxnf / k?if ; dfgtsf]l; 4ff]tnf0{ c]k]kf] b}zsf] ; ljwfgdf ; dfj z ug]f ; fy}c]o sf]ggl sbdx; rfl]kg]f/f]osf]b]loTj ePsf]h]. • ; 8fsf] wf/f & cg; k dlxnfpk/ /fhgllts tyf c]o e]efj lgd] ug{ dh]ssf]/fhgllts tyf ; fj]h]gs hljgdf dlxnflj?4sf] e]efj p]gdhg ug] / k?if; /x dlxnfnf0{a/fa/l]sf]cfw/df ; /sf/l glit lgd]fdf tyf sf]of]ogdf ; l/s xg] ; fj]h]gs kb wf/Of ug]{Pj +; a} ; /sf/l txx; df xg] lqmf]snfk ; Dkfbg ug] clwsf/ k]bfg ug]/f]osf]c]t/f]6e b]loTj ePsf]h]. • gful/s tyf /fhgllts clwsf/ lj ifos ; e]Qm /fi6x 3lo cga6wsf]wf/f @^ cg; k lj gfe]efj ; dfg k]t]lgwTj sf] sf]gaf/f ; /lft ug] , k]ta4tf k/f ug]kg]ePsf]h].

qm# ; +	gkfnscgtl/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj :yf	; zfvlgsgf]sf/0f
		<p>-s_ /fhgllts bnsf]lj wfg / lgodfj nl nf\$tfllqs xgk5{</p> <p>-v_ /fhgllts bnsf]lj wfg jf lgodfj nldf sDtdf % j if0f Psk6s ; f] bnsf k1o\$ txsf kbflwsf/lx;sf]lgj ff g xg]Joj :yf xgk5{</p> <p>-u_ lj leGg :t/sf sfo\$fl/0fl ; ldltdf dlxnf, blntnufot pk]lft / pTkl18t lfgsf ; b:ox; ; dt /xg]; dfj zL Joj :yf ul/Psf]xgkb5,</p> <p>-3_ bnsf] lj wfgdf bnsf] ; b:ox;nf0{ cgzfl; t tNofpg] kefj sf/L Joj :yf ul/Psf]xgk5{ . oyfj t\</p> <p>-\$_ sg)/fhgllts bnsf] ; b:otf klt ug{s]n wd{ hft, hfl, efiff jf lnEsf] cfwf/df gkfnl gful/spk/ eDefj k0f{ abh nuf0Psf] jf sg} /fhgllts ; u7g jf bnsf]gfd, p27o, lr6x jf en8f dhssf]wld\$ jf ; nkbfls Pstnf0{vnn kfg] jf dh5nf0{lj vl08t ug] k\$[tsf] jf To:tf]bnsf]lj wfg jf lgodfj nldf lgb6lo jf Psbnlo Joj :yfsf]; j4g / ; Af0f ug]p27o /x\$ eg]lgj ff g cf0flun]To:tf]; u7g jf bnnf0{btf{ ug]5g .oyfj t\</p> <p>-%_ lgj ff gsf] lgldt bn btf{ ug] k0fhgsf] nflu sDtdf b; xhf/ dtbftfx;sf]; dyg; lxtsf]x:tfll/oOm cfj Zos kb5 . t/ cgtl/d Joj :yflksf-; ; bdf kltlgw]j ug]bnx;sf]xsdf of] klj wfg nfu"xg]5g . oyfj t\</p> <p>^- o; efudf n]vPblv afx\$ /fhgllts bnsf]:yfkf, btf{ df0tf tyf c6o s/fx; sfggdf Joj :yf ePadf]nd xg\$.oyfj t\</p>	
!%	efu @) ; qf; Da6wL Joj :yf		
wf/f !\$%		<p>/fli6; ; 7lff kl/ibM-!_ gkfnl ; qf]sf]kl/rfng ; fng / k0fl ug\$ nflu dlGkl/ibh0{1; knl/; ug{gkfnf Ps /fli6; ; 7lff kl/ib\Xg\$ h; df bxfoadf]hdsf clb1f / ; b:ox; /xg\$gV</p> <p>-s_ k\wfgdGql - clb1f</p> <p>-v_ /lffdgql - ; b:o</p> <p>-u_ u\cdGql - ; b:o</p>	

qm# ; +	g fnsf]cGtI/d ; ljwfg @)^#	xfn lj Bdfg Joj :yf ÷ ; zfvlg tyf yk ul/Psf] Joj:yf	; zfvlg]sf/Of
		<p>-3_ dlGq kl/ibdf /x\$ /fhgllts bnx?dlb]km/s km/s bnsf]kl tlglw]j xg]u/L k wfgdGqIn]t\$ \$f tlghgf dGq=====; b:0</p> <p>@_ k wfgdGq / /lffdgqL Ps}JolQm /x\$]cj :ydf dlGqkl/ibsf]j /i7td ; b:0 /fi60 ; /lff kl/ibsf]; b:0 xg\$.</p> <p>#_ /fi60 ; /lff kl/ibn]cfknyf]a}sd f cfj Zostfcg' f/ cGo JolQmf0{ a}sd f cfdGqOf ug{; Sg\$.</p> <p>\$_ /fi60 ; /lff kl/ibsf]; lrjsf]sd /lff dGqnos]; lrjn]ug\$ / lghsf] cgkl:yltdf k wfgdGqIn]t\$ \$f clwsf]n]ug\$.</p> <p>-%_ k s]ts ljkt\k/\$f]sf/Ofn]g knl ; jf kl/rfng ePsf]af afx\$; gf kl/rfng; DaGwL g kfn ; /sf/, dlGqkl/ibaf6 ePsf] lGof6 Ps dlxgfileq Joj:yf]ksf-; #bn] t\$ \$f ljzif ; ldltdf k tt e0{ cgdffg xgkg\$.</p> <p>^_ /fi60 ; /lff kl/ibn]cfknyf]sfolj lw cfkny]ojl:yt ug{; Sg\$.</p>	<ul style="list-style-type: none"> • l; 8fsf]wf/f @ / # cg'k dlxnflj 4 xg]; a}e efj sf] cGtosf nflu dlxnf / k?if ; dfgtfsf]l; 4fGtnf0{cfknyf] b}zsf]; ljwfgdf ; dfj z ug\$; fy}cGo sfggl sbdx' rfflgkg]/fhosf]bflotj ePsfh]. • l; 8fsf]wf/f & cg'k dlxnfpk/ /fhgllts tyf cGo e efj lgdh ug{ dh\$sf] /fhgllts tyf ; fj h]gs hljgdf dlxnflj?4sf] e efj pGdhg ug] / k?if; /x dlxnfnf0{a/fa/Lsf]cfw]/df ; /sf/l glt lGdfff tyf sfot]ogdf ; l/s xg]; fj h]gs kb wf/Of ug{Pj +; a} ; /sf/L txx' df xg] lqmf]snfk ; Dkfbg ug] clwsf/ k fng ug]/fhosf]cGt/fi60 bflotj ePsfh]. • gful/s tyf /fhgllts clwsf/ ljifos ; eQm/fi6x3lo cgaGwsf]wf/f @^ cg'k ljgfe efj ; dfg kl tlglw]j sf] sfggaf/f ; /lft ug]kl ta4tf k'f ug]k]ePsfh].
!^	efu @@ ljljw		
wf/f !%)		<p><u>g knl /fht / ljzif kl tlglwM</u> dlGqkl/ibsf]l; knl/; df /fi6klTfn]g knl /fht / sg}vf; k fhgsf]nflu ljzif kl tlglw lgoQm ug{; Sg\$.</p> <p>wf/f !%) df b]foadff]nd ; zfvlg ul/Psf]5 M</p> <p>/fi60b]lfn]dlGqkl/ibsf]l; knl/; df ljleGg lGaf6 krf; kl tzt dlxnfx' ; dfj z xg]u/L g knl /fht / sg}vf; k fhgsf nflu ljzif kl tlglwx' lgoQmug\$. o; /l lgoQmubf{blnt, cflbaf; l hghft, dw]l, ckE,tf ePsf loloQm l; dfgtsE, cNk; Vos, k5fl8 kfl/Psf]lff / dl:nd dlxnf ; d}sf]lj ljwtf sfod ug]k]g\$.</p>	<ul style="list-style-type: none"> • l; 8fsf]wf/f @ / # cg'k dlxnflj 4 xg]; a}e efj sf] cGtosf nflu dlxnf / k?if ; dfgtfsf]l; 4fGtnf0{cfknyf] b}zsf]; ljwfgdf ; dfj z ug\$; fy}cGo sfggl sbdx' rfflgkg]/fhosf]bflotj ePsfh]. • l; 8fsf]wf/f & cg'k dlxnfpk/ /fhgllts tyf cGo e efj lgdh ug{ dh\$sf] /fhgllts tyf ; fj h]gs hljgdf dlxnflj?4sf] e efj pGdhg ug] / k?if; /x dlxnfnf0{a/fa/Lsf]cfw]/df ; /sf/l glt lGdfff tyf sfot]ogdf ; l/s xg]; fj h]gs kb wf/Of ug{Pj +; a} ; /sf/L txx' df xg] lqmf]snfk ; Dkfbg ug] clwsf/ k fng ug]/fhosf]cGt/fi60 bflotj ePsfh]. • gful/s tyf /fhgllts clwsf/ ljifos ; eQm/fi6x3lo

